Ag freastal ar an Dún agus Ard Mhacha Theas Serving Down and South Armagh



## Update 08.01.2021 Travelling to Outdoor Sites, Forest and Country Parks in the District

Following the latest NI Executive guidance on COVID-19 restrictions issued on on 8 January 2021 please adhere to the following:

- If you are leaving home to exercise, you should not travel more than 10 miles.
- Our forest and country parks, coasts, mountains and outdoor sites across the district have been extremely busy in recent weeks.
- If you arrive at a destination and crowds make social distancing difficult you should find an alternative place to exercise.

Please visit: <a href="https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you">https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you</a> to find out more on the NI Executive's Health Protection Coronavirus Restrictions