

DOWN LEISURE CENTRE

SUMMER SWIMMING POOL
OPENING HOURS & ACTIVITIES
AUTUMN - WINTER 2019/20



Day	Main Pool	Learner Pool	Vitality Pool
Monday	Open: 6.30am – 9.30pm School Programme 9.00am – 12.30pm 1.30pm – 2.30pm STA Swim Classes 3.30pm – 5.45pm Play Session 2.30pm – 4.30pm Lecale Swimming Club 7.00pm – 9.30pm	Open: 12.30pm – 1.30pm 3.00pm – 9.30pm Little Flippers 12.00pm – 12.30pm 2.30pm – 3.00pm STA Swim Classes 5.50pm – 6.55pm Play Session 2.30pm – 4.30pm	Open: 6.30am – 9.30pm
Tuesday	Open: 8.00am – 9.30pm School Programme 9.00am – 12.30pm 1.30pm – 2.30pm STA Swim Classes 4.05pm – 6.55pm Play Session 2.30pm – 4.30pm Lecale Swimming Club 7.00pm – 9.30pm	Open: 12.30pm – 1.30pm 2.30pm – 9.30pm Little Flippers 11.30am – 12.30pm 2.00pm – 2.30pm STA Swim Classes 3.30pm – 4.00pm Play Session 2.30pm – 4.30pm	Open: 8.00am – 9.30pm
Wednesday	Open: 6.30am – 9.30pm Lecale Swimming Club 6.30am – 8.00am School Programme 9.00am – 12.30pm 1.30pm – 2.30pm STA Swim Classes 3.55pm – 9.40pm Play Session 2.30pm – 4.30pm	Open: 12.30pm – 1.30pm 2.30pm – 8.40pm Little Flippers 2.00pm – 2.30pm STA Swim Classes 4.30pm – 7.55pm 8.40am – 9.40pm Play Session 2.30pm – 4.30pm	Open: 6.30am – 9.30pm
Thursday	Open: 8.00am – 9.30pm School Programme 9.00am – 12.30pm 1.30pm – 2.30pm Play Session 2.30pm – 4.30pm Autism Friendly Session 6.00pm – 7.00pm Triathlon Club 7.30pm – 9.30pm	Open: 12.30pm – 1.30pm 3.00pm – 5.30pm & 8.30pm – 9.30pm Little Flippers 11.30am – 12.30pm 2.30pm – 3.00pm Play Session 2.30pm – 4.30pm Autism Friendly Session 6.00pm – 7.00pm Aqua Zumba 7.45pm – 8.30pm	Open: 8.00am – 9.30pm
Friday	Open: 6.30am – 6.45pm School Programme 9.00am – 12.30pm 1.30pm – 2.30pm Play Session 2.30pm – 4.30pm Lecale Swimming Club 7.00pm – 9.30pm	Open: 12.30pm – 1.30pm 2.30pm – 9.30pm Little Flippers 2.00pm – 2.30pm Play Session 2.30pm – 4.30pm	Open: 6.30am – 9.30pm
Saturday	Open: 10.00am – 5.15pm Lifesaving Club 8.30am – 10.00am STA Swim Classes 10.00am – 12.00pm Play Session 2.30pm – 4.30pm	Open: 10.00am – 5.15pm Lifesaving Club 8.30am – 10.00am STA Swim Classes 10.00am – 12.00pm Play Session 2.30pm – 4.30pm	Open: 10.00am – 5.15pm
Sunday	Open: 12.00pm – 4.45pm Lecale Swimming Club 10.00am – 12.00pm Play Session 2.30pm – 4.30pm	Open: 11.00am – 4.45pm Play Session 2.30pm – 4.30pm	Open: 10.00am – 4.45pm

Last Swim Ticket sold 60 minutes prior to pool closing time

Sessions may be introduced depending on numbers