

CLÁR AN TSAMHRAIDH

SUMMER

PROGRAMME



Ag freastal ar an Dún
agus Ard Mhacha Theas
Serving Down
and South Armagh



Comhairle Ceantair
an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down
District Council



DÉAN RÉIDH DO SHAMHRADH LÁN SPRAOI! GET READY FOR A SUMMER OF FUN!

Newry, Mourne and Down District Council is excited to launch this year's summer programme – packed with exciting activities to keep everyone active and entertained throughout the holidays.

Whether you're looking for fun family days out, sports and fitness sessions or ways to keep the kids engaged, there's something for everyone to enjoy.

Make a big splash this summer with our water programme which includes swimming crash courses, junior lifeguard

courses or join us at Tropicana in Newcastle for fun days out in our heated outdoor pools.

Join the energy and adventure with our multi-sports camps and Teen Activity Week happening across the district!

You can also hire our halls and courts throughout the summer for lots of indoor sports and games like table tennis, basketball, 5-a-side football, handball, squash and more.

check out what's available...



Key information, locations & dates

Age Range:

P1 - P7 (Children attending must have completed Primary 1 in 2025/2026 academic school year).

Locations:

Newry Leisure Centre
Down Leisure Centre
Newcastle Centre
Ballynahinch Community Centre
Bridge Community Centre, Killyleagh

Length of camp:

Monday - Friday

Dates:

Week 1 | 20 - 24 July

Newry • Downpatrick • Newcastle • Killyleagh

Week 2 | 27 - 31 July

Newry • Downpatrick • Newcastle • Ballynahinch

Week 3 | 3 - 7 August

Newry • Downpatrick • Newcastle • Ballynahinch

Week 4 | 10 - 14 August

Newry • Downpatrick • Newcastle • Ballynahinch

Times:

10am - 2pm

Weekly camp cost:

£22.00

CAMPAÍ SAMHRAIDH ILSPÓIRT DO PHÁISTÍ BUNSCOILE SUMMER MULTI-SPORTS CAMPS FOR PRIMARY SCHOOL CHILDREN

Our multi-sports camps are designed for primary school children enabling them to enjoy a wide range of active and rewarding sporting activities.

These sessions support each child's physical development, build confidence and most importantly, ensure they have fun.

They're also great days out with friends, and the perfect opportunity to make new ones!

Children will get to try a variety of sports, sparking new interests and encouraging a lifelong love of staying active.

Don't forget to bring a drink and lunch!



How to Book

- Click the link <https://tinyurl.com/3pvn372j>
- select Holiday Activities

or call into your nearest leisure centre

Bookings opening times:

Downpatrick - 10am, Monday 15 June
 Newry - 1pm, Monday 15 June
 Newcastle - 4pm, Monday 15 June
 Ballynahinch - 10am, Tuesday 16 June
 Killyleagh - 4pm, Monday 15 June

Spaces are limited

Please see booking information & T&Cs on pages 14 - 17



CAMPA SAMHRAIDH ILSPÓIRT DO DHÉAGÓIRÍ

TEEN MULTI-SPORTS CAMP

Our teen multi-sports camps are designed for young people aged 12 to 15 to 'Be Active', and explore a variety of sports and activities - all in one place. From football and basketball to racquet sports, dodgeball and more, each session is packed with energy and variety.

Led by experienced coaches these camps help teens build new skills, broaden their interests and enjoy a healthy, active summer.

It's the perfect opportunity to keep moving and just have fun.

Key information, locations & dates

Age Range:

12 - 15 years

Locations:

Newry Leisure Centre
Down Leisure Centre

Length of camp:

Monday – Friday

Dates:

17 – 21 August

Times:

11am – 1pm

Weekly camp cost:

£11.00

How to Book

• Click the link
<https://tinyurl.com/3pvn372j>

• select Holiday Activities

or call into your nearest leisure centre

Bookings opening times:

1pm, Tuesday 16 June

Spaces are limited

Please see booking information & T&Cs on pages 14 – 17





AGLAÍOCHT DO DHÉAGÓIRÍ TEEN GYM SESSIONS

Teen Gym sessions take place weekly at Newry Leisure Centre, Down Leisure Centre, Newcastle Centre and Ballymote Sports & Wellbeing Centre.

Designed for young people aged 12–15, the programme supports physical fitness, confidence and overall wellbeing in a safe and welcoming environment. Whether participants are new to exercise or already active, sessions help develop healthy habits through guided workouts and access to

a variety of gym equipment. Teens can train independently or alongside friends while improving strength, fitness and confidence.

All sessions are supervised by qualified fitness staff, with participant numbers limited at each centre to ensure a safe and enjoyable experience. All new participants must complete a free induction before attending their first session.

How to Book



Log into NMD Be Active app

- Select Leisure Centre
- Select Be Active for Life Classes
- Scroll across days to book Teen Gym session or call into your local Leisure Centre in advance to book.

Bookings opening times:

Teen gym classes are open for booking 8 days in advance

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Spaces are limited

Please see booking information & T&Cs on pages 14 – 17



CAMPAÍ SAMHRAIDH IONCHUIMSITHEACHA ALL-INCLUSIVE SUMMER CAMPS

As part of our commitment to inclusive sport and physical activity, Newry, Mourne and Down District Council is delivering all-inclusive summer camps. These are specially designed for children with additional needs or neurodiversity such as Autism and ADHD.

While our multi-sports camps are open and welcoming to all children, we understand that some may thrive better in a smaller, more structured setting.

Our all-inclusive camps offer a supportive, sensory-friendly environment with enhanced accessibility, ideal for children who may find larger camps overwhelming.

Key information, locations & dates

Inclusive camps for children with neurodiversity such as autism and ADHD.

This camp for 4 to 13 year olds offers a calm, structured and sensory-aware environment to support each child's comfort and enjoyment.

Locations:

Newry Leisure Centre
Down Leisure Centre

Length of camp:

Monday – Friday

Dates:

27 July – 31 July
10 August – 14 August

Times:

2:30pm – 4:30pm

Cost:

£11.00 per camp

Important Information:

If a child requires additional support, a parent, guardian or carer is required to attend and remain on-site for the duration of the session.

If you have any questions or would like to discuss your child's needs, please contact:
leisureandsport@nmandd.org

How to Book

- Click the link <https://tinyurl.com/3pvn372j>
- select Holiday Activities

or call into your nearest leisure centre in advance

Booking opening time:

1pm, Tuesday 16 June

Spaces are limited

Please see booking information & T&Cs on pages 14 – 17



HALLA SPÓIRT AR GÍOS SPORTS HALL HIRE

Enjoy access to our spacious indoor sports halls for just £8.00 per session. Perfect for group activities, casual games or keeping active, our facilities offer something for everyone.

Choose from a wide range of activities including badminton, table tennis, netball, basketball, volleyball, 5-a-side football and more. Whether you're organising a team game or just having fun, our sports halls provide a welcoming environment for all ages.



CÚIRT SCUAISE AGUS LIATHRÓID LÁIMHE AR GÍOS

SQUASH AND HANDBALL COURT HIRE

Book one of our dedicated courts for only £2.00 per session and enjoy a fast-paced game of squash or handball.

Challenge a friend or enjoy a solo practice session at your own pace.

Key information, locations & dates

Locations:

Newry Leisure Centre
Down Leisure Centre
Ballymote Leisure Centre – Sports Hall only

Available to children under 16 years old
Monday to Friday, 9am – 5pm, pending
availability

How to Book



• To book contact your leisure centre on 0330 137 4026, email the address listed on page 18 or drop in



£1 BOGSHÚGRADH (IONAD FÓILLÍOCHTA AN IÚIR AMHÁIN)

£1 SOFT PLAY Newry Leisure Centre only

Our vibrant indoor soft play area is specially designed for children up to 12 years old, providing an exciting space for active play and adventure.

Packed with engaging features including a slide, tunnels and climbing frames, the play area encourages children to stay active while developing coordination, balance and motor skills. It's the perfect place to burn off energy, spark imagination and enjoy fun-filled play with friends.

No booking is required – simply drop in and pay on arrival!

Key information, locations & dates

£1 Soft Play – Monday to Friday,
9am – 5pm, pending availability.

For opening hours, see:

<https://tinyurl.com/4vpzkhz3>

Children must be supervised at all times by a responsible adult aged 16 years or over.

Soft play is for kids under 12 years or under 4'9" (1.45m) tall.

Please keep in mind we have a limit on numbers, so entry may be restricted once we reach capacity.

LÉIM ISTEACH
SA TSAMHRADH
LE SPLAIS MHÓRI!

DIVE INTO
SUMMER WITH A
BIG SPLASH!

Dive into our summer programme with our £1 swims, join a crash course in swimming lessons to quickly boost your skills or get involved in a junior lifeguard course to build water confidence and safety awareness.

Enjoy the calm of our autism swim sessions in a sensory-aware environment or don't miss the excitement of Tropicana, our heated outdoor pool complex and the ever-popular Tropicarama fun sessions – perfect for families.





LÉIM ISTEACH
SA TSNÁMH
AR £1
DIVE IN
FOR A
£1 SWIM

SEISIÚIN SNÁMHA DO PHÁISTÍ - £1
CHILDREN'S £1 SWIM SESSIONS

Enjoy our £1 Summer Swims this July and August at Newry Leisure Centre & Down Leisure Centre!

Available Monday to Friday, 9am - 5pm for children under 16 years old, our swim sessions are a great way to stay active, kick back and have fun. Enjoy our pools or splash around in the fun play areas.

Due to demand, pre-booking throughout the summer months is strongly recommended to avoid disappointment.



How to Book

- Click the link
<https://tinyurl.com/ms8udtgm>
- select Leisure Centre
- Select date of swim session required
- Select time and book



BLASCHÚRSAÍ SNÁMHA DO PHÁISTÍ CHILDREN'S SWIMMING CRASH COURSES

Make a splash this summer with our fun and focused swimming crash courses, running throughout July and August in Newry Leisure Centre and Down Leisure Centre.

These week-long programmes offer 30-minute daily lessons designed to help children build confidence and improve their swimming skills quickly in a supportive environment.

CÚRSAÍ GARDA TARRTHÁLA SÓISIR JUNIOR LIFEGUARD COURSES

Our junior lifeguard courses run throughout July and August, offering children aged 7 to 15 years the chance to develop important lifesaving skills in a fun setting.

To join, participants should be comfortable swimming 50m (25m front crawl and 25m backstroke).

These courses are a fantastic way for young swimmers to build confidence, learn water safety, and gain valuable experience as part of Newry, Mourne and Down District Council's summer programme.

Key information & dates

Lessons available include:

Stanley swimming lessons –
for beginners aged 4–6 years

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Octopus swimming lessons –
for beginners aged 7+ years



How to Book

- Click the link
<https://tinyurl.com/y3ux2yvt>
- Select Main Category



SEISIÚIN SNÁMHA ATÁ OIRIÚNACH DON UATHACHAS

AUTISM SWIM SESSIONS

Key information, locations & times

Down Leisure Centre

Thursday, 5pm – 6pm

Newry Leisure Centre

Sunday 9.45am – 10.45am

Tropicana, Newcastle

Friday 12pm – 1.30pm

Price:

Normal swim entry pricing applies

Dedicated autism-friendly swim sessions are available at Down Leisure Centre, Newry Leisure Centre and Tropicana in Newcastle. These sessions provide a calm setting for autistic individuals and their families.

These sessions are designed with sensory needs in mind – they provide a quieter swim environment, more relaxed setting with reduced noise levels and fewer swimmers in the pool. The aim is to make swimming a positive and enjoyable experience for those who may find regular sessions overwhelming. Whether it is building confidence in the water, learning essential swim skills, or simply having fun as a family, our autism-friendly sessions offer a space for everyone to enjoy at their own pace.



How to Book

- Click the link <https://tinyurl.com/ms8udtgm>
- select Leisure Centre
- Scroll to date of swim session required
- Select time and book

Due to demand,
pre-booking is strongly
recommended to avoid
disappointment.



SPRAOI SAMHRAIDH I GCROÍLÁR AN CHAISLEÁIN NUA!

SUMMER FUN IN THE HEART OF NEWCASTLE!

Get ready to make a splash this summer at Tropicana Outdoor Swimming Complex, right in the centre of Newcastle! Opening July 3 to August 27, Tropicana offers heated outdoor pools perfect for sunny swim sessions and fun days out with family and friends.

The complex includes two heated pools, including a toddler pool with a small slide for children under 8 years old.

Seasonal opening times

3 July - 27 August

Monday	12pm - 5.30pm
Tuesday	12pm - 8pm
Wednesday	12pm - 5.30pm
Thursday	12pm - 8pm
Friday	12pm - 5.30pm
Saturday	10am - 5.30pm
Sunday	2pm - 5.30pm

Tropicana (Fun sessions)

Every Tuesday & Thursday 6pm - 8pm

Swimming -

Casual Pay-As-You-Go prices:

Pay-As-You-Go 16+	£3.50
Pay-As-You-Go Concession	£2.70
Pay-As-You-Go Under 4	Free
Pay-As-You-Go Group Ticket (2 adults & 2 Children)	£10.50



Please note, in the event of severe weather conditions, some facilities may need to close for safety reasons. For the latest updates, please see our NMD Be Active Facebook page.



How to Book

- Click the link <https://tinyurl.com/sbxk8asw>
- Select date of swim session required
- Select time and book

Swim sessions are added regularly throughout the summer and you can only book 8 days in advance.

All bookings are non-refundable and non-transferable unless cancelled by council.

Eolas Áirithinte

Booking Information

All activities are sold on a first come, first serve basis. You must have booked and paid for your activity to secure your place.

All bookings are non-refundable and non-transferable unless cancelled by Council. Regarding our pools, each has a maximum capacity to ensure everyone's safety and comfort, so entry may be limited during busy times.

To avoid disappointment, especially during weekends and holiday periods, we strongly recommend pre-booking your swim in advance using the NMD Be Active app.

To book swimming, log into the NMD Be Active app, choose your preferred centre – Newry, Down or Newcastle – tap the 'Book General Swimming' for swim sessions or tap the 'Swimming lessons' tile for lessons and courses.

Booking can also be made by telephoning 0330 137 4026 or by calling into your nearest leisure centre.

For more information on any activities on the summer programme, please email your preferred leisure centre. Contact information is page 18

Booking Information

Eolas Áirithinte

Díoltar gach gníomhaíocht ar an bhonn gur don té is túisce a thíocfadh a thabharfar áit.

Caithfidh tú do ghníomhaíocht a chur in áirithe agus íoc aisti le d'áit a chinntiú.

Ní thabharfar aisíocaíocht ar aon áirithint agus ní ceadmhach áirithint a aistriú go duine eile mura gcuireann an Chomhairle ar ceal í. Tá uasmhéid toillte i ngach ceann dár linnte snámha lena chinntiú go mbíonn gach duine slán agus ar a chompord. Dá bharr sin, d'fhéadfadh sé go gcuirfí teorainn le líon na ndaoine a ligfí isteach le linn uaireanta gnóthacha.

Le díomá a sheachaint, go háirithe ag an deireadh seachtaine agus le linn tréimhsí saoire, molaimid go láidir do sheisiún snámha a chur in áirithe roimh ré tríd an aip NMD Be Active.

Le snámh a chur in áirithe, logáil isteach ar an aip NMD Be Active, roghnaigh an t-ionad is fearr leat – An tIúr, An Dún nó An Caisleán Nua – tapáil ‘Cuir Snámh Ginearálta in Áirithe’ le haghaidh seisiún snámha, nó tapáil ‘Ceachtanna snámha’ le haghaidh ceachtanna agus cúrsaí.

Is féidir áirithint a dhéanamh fosta ach tú scairt a chur ar 0330 137 4026 nó buail isteach chuig an ionad fóillíochta is gaire duit.

Le tuilleadh eolais ar ghníomhaíochtaí faoi chlár an tsamhraidh, seol ríomhphost chuig an ionad fóillíochta is fearr leat.

Tá sonraí teagmhála ar leathanach 18

Téarmaí agus Coinníollacha

Terms and Conditions

Children attending the multi-sports camps must have completed Primary 1 in the 2025/2026 academic school year.

Please arrive no more than 10 minutes before the activity is due to start and be prompt for collection times.

It is recommended all participants wear suitable footwear, casual clothing and should be prepared for indoor and outdoor activities.

Participants are advised to bring a refillable water bottle and bring a healthy snack or a lunch.

Parents/Guardians are responsible for applying sunscreen to participants before they arrive.

Please note we are unable to provide one to one personal care such as toileting and feeding.

All bookings are non-refundable and non transferable unless cancelled by Council.

Pool admission policy

All children under 8 years must be accompanied by an adult aged 16 or over in the water at all times, who must stay in close proximity to supervise the child.

This person may accompany up to 1 child under the age of 4, or 2 children where at least one of which is aged over 4 years.

Any person under the influence of drugs or alcohol will be refused admission.

For swimming pool group bookings, the normal admission policy applies.

In the interests of health and safety, we kindly ask all users that have any form of medical conditions to make this known to a member of staff prior to using the facilities.

Additional Tropicana admission policy

When visiting Tropicana our normal admission policy applies, however children who are non-swimmers must wear a secure flotation device such as fitted armbands or a buoyancy aid.

Terms and Conditions

Téarmaí agus Coinníollacha

Maidir leis na páistí a fhreastalóidh ar champaí ilspóirt, is gá gur chríochnaigh siad Rang 1 sa scoilbhliain acadúil 2025/2026.

Ná bí ann níos luaithe ná 10 mbomaite roimh thús na gníomhaíochta agus bí in am do na hamanna bailithe.

Moltar do gach rannpháirtí bróga oiriúnacha agus éadaí neamhfhoirmiúla a chaitheamh agus bheith réidh le haghaidh gníomhaíochtaí laistigh agus amuigh.

Moltar do rannpháirtithe buidéal uisce in-athlanta agus sneaic shláintiúil nó lón a thabhairt leo.

Tá Tuismitheoirí/Caomhnóirí freagrach as uachtar gréine a chur ar rannpháirtithe sula dtagann siad.

Tabhair faoi deara nach bhfuil muid in ann cúram pearsanta duine le duine a chur ar fáil; mar gheall ar úsáid leithris nó beathú linbh, cuir i gcás.

Ní thabharfar aisfócaíocht ar aon áirithint agus ní ceadmhach áirithint a aistriú go duine eile mura gcuireann an Chomhairle ar ceal í.

Polasaí iontrála don linn snámha

Caithfidh duine fásta os cionn 16 bliana d'aois bheith in éineacht le gach páiste faoi 8 mbliana d'aois; agus iad san uisce,

caithfidh an duine sin fanacht gar don pháiste le súil ghéar a choinneáil air an t-am ar fad.

Féadfaidh an duine seo aire a thabhairt do leanbh amháin faoi 4 bliana d'aois, nó do bheirt leanaí sa chás go bhfuil ar a laghad duine amháin acu os cionn 4 bliana d'aois.

Diúltófar d'aon duine atá faoi thionchar drugaí nó alcóil dul isteach sa linn snámha.

Maidir le háirithintí grúpa don linn snámha, tá feidhm ag an ghnáthpholasaí iontrála.

Ar mhaithe le sláinte agus sábháilteacht, iarraidimid go cineálta ar gach úsáideoir a bhfuil fadhb shláinte acu é sin a chur in iúl do bhall foirne sula n-úsáidfeadh siad na háiseanna.

Polasaí iontrála breise do Tropicana

Nuair a thugtar cuairt ar Tropicana, tá ár ngnáthpholasaí iontrála i bhfeidhm. Mar sin féin, caithfidh páistí nach bhfuil snámh acu gaireas tarrthála a chaitheamh, mar shampla bandaí snámha luiteacha nó áis snámhachta.



CONTACTS

Ballymote Sports and Wellbeing Centre
96 Glebetown Drive, Downpatrick, BT30 6PX
T: 0330 137 4026
E: ballymotesportsandwellbeingcentre@nmandd.org

Down Leisure Centre
114 Market Street, Downpatrick, BT30 6LZ
T: 0330 137 4026
E: downleisurecentre@nmandd.org

Kilkeel Leisure Centre (Currently closed for refurbishment)
Mourne Esplanade, Kilkeel, BT34 4DB
T: 0330 137 4026
E: kilkeel.reception@nmandd.org

Newcastle Centre
10-14 Central Promenade, Newcastle, BT33 0AA
T: 0330 137 4026
E: newcastlecentre@nmandd.org

Newry Leisure Centre
60 Cecil Street, Newry, BT35 6AU
T: 0330 137 4026
E: poolreception@nmandd.org



Please check the NMD Be Active app or www.newrymournedown.org/leisure-and-sport for the latest information on timetables and opening times.

NMD Be Active App
Download it NOW



 @NMDBeActive

 @nmdcouncil