



Newry Leisure Centre – Summer 2023 Stand Alone Lessons

All Summer swimming lessons take place Monday, Tuesday, Thursday, and Friday over a 2-week period.

Stanley 1

suitable beginners aged for 4–6-years
9.30am-10.00am
10.00am-10.30am
10.30am-11.00am

Octopus 1

Suitable for beginners aged 7+ years.
11.30am-12.00pm
12.00pm-12.30pm
12.30pm-1.00pm

The following courses require the attendee to be able to swim 50M comfortably (25M on front and 25M on back)

Water Safety Skills

suitable for children aged 7-15 years.
1.45pm -2.15pm

Junior Lifeguard

suitable for children aged 7-15 years.
2.15pm-3.00pm

Location: Newry Leisure Centre.

Schedule: Lessons are scheduled W/c 17 July 2023, W/c 31 July 2023 and W/c 14 August 2023

Number and duration of lessons: A swimming course will include 8 swimming lessons scheduled over two weeks lasting 30 mins each (Junior Lifeguard 45mins).

Price: £48.00 per swimming course £70.40 Junior Lifeguard

Booking: You can book your swimming lessons from 10.00am on Monday 3 July 2023

A Booking link will be provided on the NMD Be Active Facebook page and NMD Be Active app (on the 'Main Category' drop down menu select 'Swimming Lessons' to search and see all available courses.)

Important Information

- Swimming lessons are sold on a first come first serve basis.
- You must have booked and paid for your swimming course to secure your place.
- Summer swim lessons are stand alone. Enrolling into summer swim lessons does not guarantee a place in our regular swimming lessons programme.
- All bookings are non-refundable and non-transferable unless cancelled by Council.
- A registration form must be completed in advance.

For more information email poolreception@nmandd.org or call 0330 137 4026.