



### Kilkeel Leisure Centre – Summer 2023 Stand Alone Swim Lessons 17.07.23 to 04.08.23

All Summer swimming lessons take place Monday - Friday.

**Schedule:** Lessons are scheduled W/c 17 July 2023, W/c 24 July 2023 and W/c 31 July 2023.

#### **Stanley 1**

suitable beginners aged for 4–6-years,  
9.15am - 9.45am  
9.45am - 10.15am  
11.30am - 12.00pm

#### **Octopus 1**

suitable beginners aged for 7+ years,  
10.15am – 10.45am  
11.00am – 11.30am

#### **Rookie Lifeguard**

Attendees to be able to swim 50m comfortably (25m on front, 25m on back) Suitable for children between 7 – 15 years old.  
9.30am – 11.00am

#### **Advance Swimmer**

Suitable for competent swimmers who can swim minimum 8 lengths nonstop.  
11.15am – 12.00pm

**Location:** Kilkeel Leisure Centre.

**Number and duration of lessons:** A swimming course will include 5 swimming lessons 30 mins per lesson, 90 mins for Rookie Lifeguard and 45 mins for Advanced Swimmer

**Price:** £30.00 per swimming course, £44.00 per Rookie Lifeguard Course and £30.00 per Advanced Swimmer.

**Booking:** You can book your swimming lessons from 10.00am on Monday 3 July 2023

A Booking link will be provided on the NMD Be Active Facebook page and NMD Be Active app (on the 'Main Category' drop down menu select 'Swimming Lessons' to search and see all available courses.)

#### **Important Information**

- Swimming lessons are sold on a first come first serve basis.
- You must have booked and paid for your swimming course to secure your place.
- Summer swim lessons are stand alone. Enrolling into summer swim lessons does not guarantee a place in our regular swimming lessons programme.
- All bookings are non-refundable and non-transferable unless cancelled by Council.
- A registration form must be completed in advance.

For more information email [Kilkeel.reception@nmandd.org](mailto:Kilkeel.reception@nmandd.org) or call 0330 137 4026.