Household Emergency Life-saving Pack

In case of a major emergency it is very useful to have an emergency pack containing:

- battery radio with spare batteries or a wind up radio
- battery torch with spare batteries or a wind up torch
- candles and matches (remember to use candles and matches safely)
- first aid kit
- list of useful phone numbers such as your GP and family members
- list of the medications you are currently taking and the dosage (keep this up to date)
- copies of important documents like birth certificates, insurance policies and this plan
- bottled water and ready-to-eat food (tinned food), with a can opener if required.

Make sure you have a phone that doesn't need mains electricity to work. Cordless phones will not work if the electricity supply is affected.

In case you are advised to evacuate your home, you may want to add the following to your emergency pack:

- prescribed medication
- toiletries, sanitary supplies
- mobile phone and charger
- cash or credit cards
- playing cards, games or some form of entertainment.
- any special equipment for infants or people with special needs
- home and car keys
- spare clothes and blankets

Don't forget about your pets and their equipment, such as a carrier, collar, lead and pet food. If possible, take your pets with you as the emergency may last a long time.

In the event of a fire or danger

If there is a fire or danger in your building, quickly and calmly leave the building by the nearest safe route and move to a safe place away from the building.

Do not try to return to the building until the emergency services tell you it is safe to do so.

General things to remember in an emergency

- Stay calm, reassure others and think before acting.
- Call 999 or 112 if people are injured or if there is a threat to life.
- Do not put yourself or others in danger.
- Follow the advice of the emergency services.

If it is safe to stay in the building

- Go in - go indoors and close all windows and doors.
- Stay in - stay indoors.
- Tune in - to local radio, TV or the internet, where public information and advice from the emergency services will be broadcast.

You can also get lots of information on what to do in emergencies on the NI Direct website: www.nidirect.gov.uk
Turning off supply:
Find out how to turn off the following utilities. Agree which household members can do this if necessary.

- Electricity:
- Water:
- Gas:

Remember your neighbours
You should check on your neighbours - they may need YOUR help. Make sure you have their details so that you can contact them in an emergency.

Complete the following important information you might need in an emergency:

Name or location | Contact Number
------------------|-----------------|
**Emergency Services**
999 or 112

**Armagh City & District Council**
028 37 529600

**Banbridge District Council**
028 406 60600

**Craigavon Borough Council**
028 38 312400

**Dungannon & South Tyrone Borough Council**
028 87 720300

**Newry & Mourne District Council**
028 30 313031

**Northern Ireland Housing Executive**
03448 920 901

**Northern Ireland Electricity**
08457 643 643

**NI Gas Emergency Service**
0800 002 001

**Northern Ireland Water Waterline**
08457 440 088

**Flooding Incident Line**
0300 2000 100

Sometimes during an emergency, a dedicated helpline will be set up. When this is set up, the number will be published in the media and online when possible.

**Local radio stations**
- BBC Radio Ulster 94.5FM
- Downtown Radio 1026AM
- Cool FM 97.4FM
- Citybeat 96.7FM
- U105 105.8FM

Who will pick up the children from school in an emergency?
Option 1
Option 2

If we get separated from each other and cannot return home, we will meet at:
Option 1 (walking distance)
Option 2

If we are unable to get in contact with each other, we will leave a message with:
Option 1
Option 2

Important contact numbers
Save the emergency phone numbers on your mobile phone so that you can get them quickly.

<table>
<thead>
<tr>
<th>Name or location</th>
<th>Contact Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor</td>
<td></td>
</tr>
<tr>
<td>Social worker or care manager</td>
<td></td>
</tr>
<tr>
<td>Work</td>
<td></td>
</tr>
<tr>
<td>School</td>
<td></td>
</tr>
<tr>
<td>Vet</td>
<td></td>
</tr>
<tr>
<td>Vet</td>
<td></td>
</tr>
</tbody>
</table>

If we have to leave our home or become separated, we will go to:
Option 1
Option 2

**Neighbours to the left:**
Name:
Home Number:
Mobile Number:

**Neighbours to the right:**
Name:
Home Number:
Mobile Number:

Find out how to turn off the following utilities. Agree which household members can do this if necessary.