



LIVING
WELL
TOGETHER

HEALTH & WELLBEING THEMATIC SUMMIT

Promoting Wellbeing in Partnership

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Partnership is fundamental to the business of health and wellbeing and addressing inequalities

Active Partnerships for Health and Wellbeing in NMD

- Community Planning & Strategic Stakeholder Forum
- Community Co-ordination Hub
- Protect Life Implementation Groups
- CYPSP Outcomes Groups and Locality Planning
- Community Support Hub
- Age Friendly Strategic Alliance
- Community Development Workers Forum
- Neighbourhood Renewal Partnerships
- Sexual Health Networks

Actions enabled through partnership

- Building capacity in communities
- Community Response Plans
- Ukrainian Assistance Centres
- Support for newcomer families and BAME communities
- Warm Spaces – Open House
- Participatory Budgeting
- Take 5 Ambassadors and interactive resources
- Joined up response to Loneliness & Positive Ageing
- Support for volunteering

Mental Health & Wellbeing

- Protect Life & Mental Health and Wellbeing Partnerships
- Community Response Plans
- PHA Small grants
- Take 5 – ambassadors, interactive resources, etc.
- Recovery College, including online
- Multi-disciplinary training programmes
- Wellbean café, Newry & Wellbeing Hubs
- Mental Health and Wellbeing campaigns, e.g. WMHD, Suicide Prevention, Men's Health, etc.

Older People

- Access and Information/Caring Communities Safe & Well
- Age Friendly Strategic Alliance & Action Plan
- Actions to tackle loneliness and poverty
- Falls Awareness and Home Safety
- Strength and Balance programmes
- Good Morning Services
- Support for Older People's Networks
- Support for Carers and Volunteers



Children and Young People

- CYPSP Outcomes Groups and Locality Planning Groups
 - Emotional Health and Wellbeing
 - Children with Disabilities
 - School Disruption
 - Poverty
- Evidence-based parenting programmes
- Family Support Hubs
- Infant Mental Health Training and Development
- Autism Awareness Training
- Supporting HENRY
- Health Hubs/YHAS in FE Colleges



Physical Activity

- CMO physical activity guidelines – wider promotion
- This Girl Can
- Daily Mile
- Take 5-a-side (Men's Health)
- Addressing barriers to PA for early years and older people
- Physical Activity Training, e.g. Chi Me
- Walk Leader training and support
- Fit 4 U/Active Ageing



Challenges

- Funding – non-recurrent and short term
- Commissioning – priorities, targets and outcomes
- Staff retention
- Investment in CV sector

Opportunities

- HWB Summit
- DfC People and Place Review
- ICS
- Peace Plus

