



Autism Friendly Swimming Sessions Down Leisure Centre

Be Active and have some fun in a sensory friendly environment...

Pay on arrival, booking not essential

Thursdays 6.00pm – 7.00pm
Beginning Thursday 5th September

- Children must be accompanied by an adult and meet normal admission criteria

For further information contact Reception
T: 028 4461 3426
E: downleisurecentre@nmandd.org



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Autism Friendly Swimming Sessions Down Leisure Centre

Meet other families facing similar paths in a fun and safe environment

In these sessions there will be

- Reduced number of people in the pool
- Fun floats for extra enjoyment and all within a controlled environment
- For everyone's safety we have alarm systems in place. In the event of the alarm going off there will be unavoidably a loud noise. Staff will be on hand to let you know where to go to feel safe.

Admission Criteria

- At least one adult must be present and participate in the session
- All children under the age of 8 must be accompanied by a responsible adult (at least 16 years old) at all times
- An adult (aged 16 years old or over) may accompany
 - 1 child under 4 years old
 - 2 children where at least one of the children is over 4 years old

Booking Details

- Payment at reception, pre-booking not essential
- Centre Autism sensory friendly environment will begin at 5.50pm
- Pool session will begin 6.00pm