



# Down Leisure Centre SWIMMING TIMETABLE

## JULY & AUGUST 2022

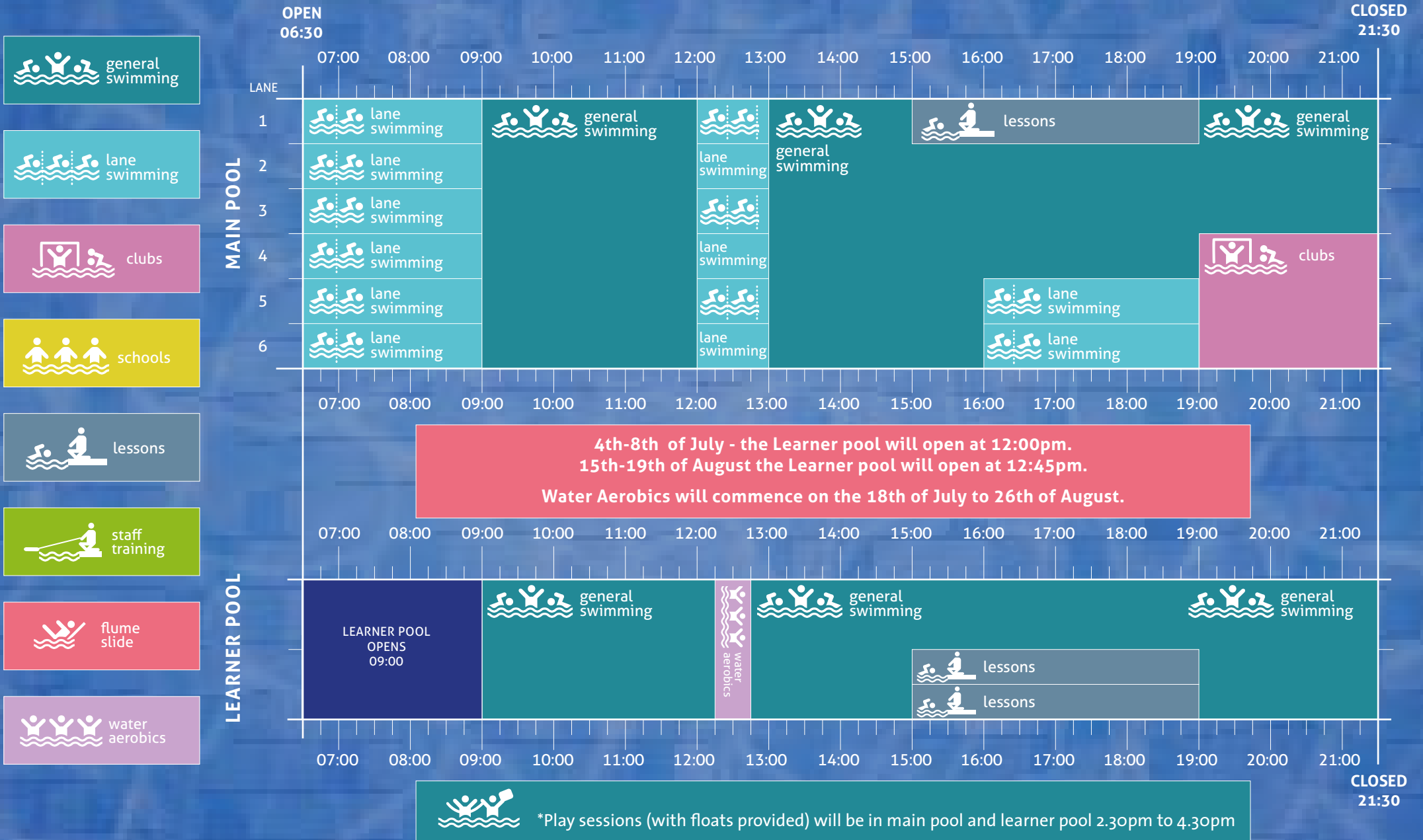
Ag freastal ar an Dún  
agus Ard Mhacha Theas  
Serving Down  
and South Armagh



Comhairle Ceantair  
an Iúir, Mhúrn agus an Dúin  
Newry, Mourne and Down  
District Council

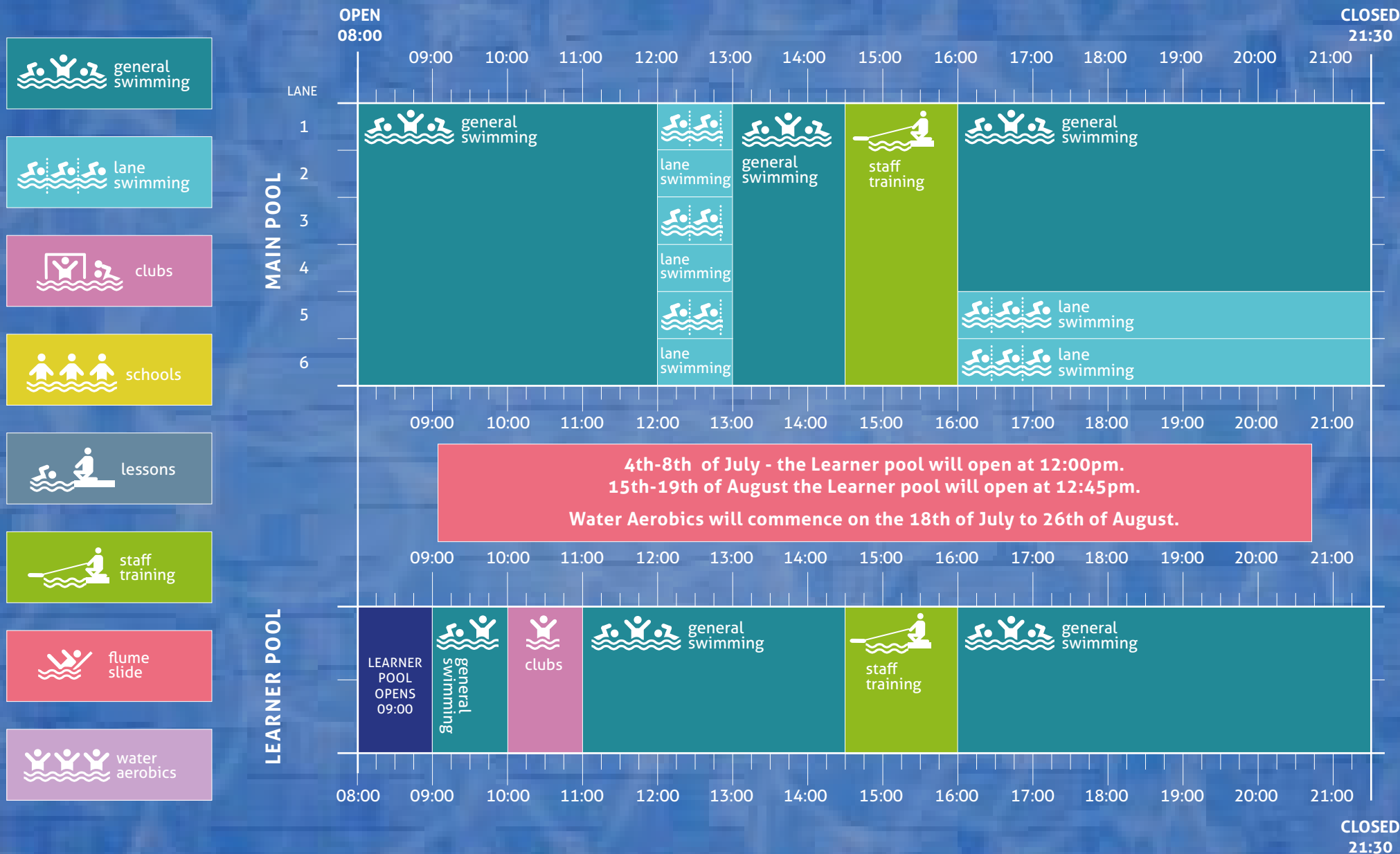
# MONDAY

Our Swimming pool programmes and timetables are subject to change.



# TUESDAY

Our Swimming pool programmes and timetables are subject to change.



general swimming

lane swimming

clubs

schools

lessons

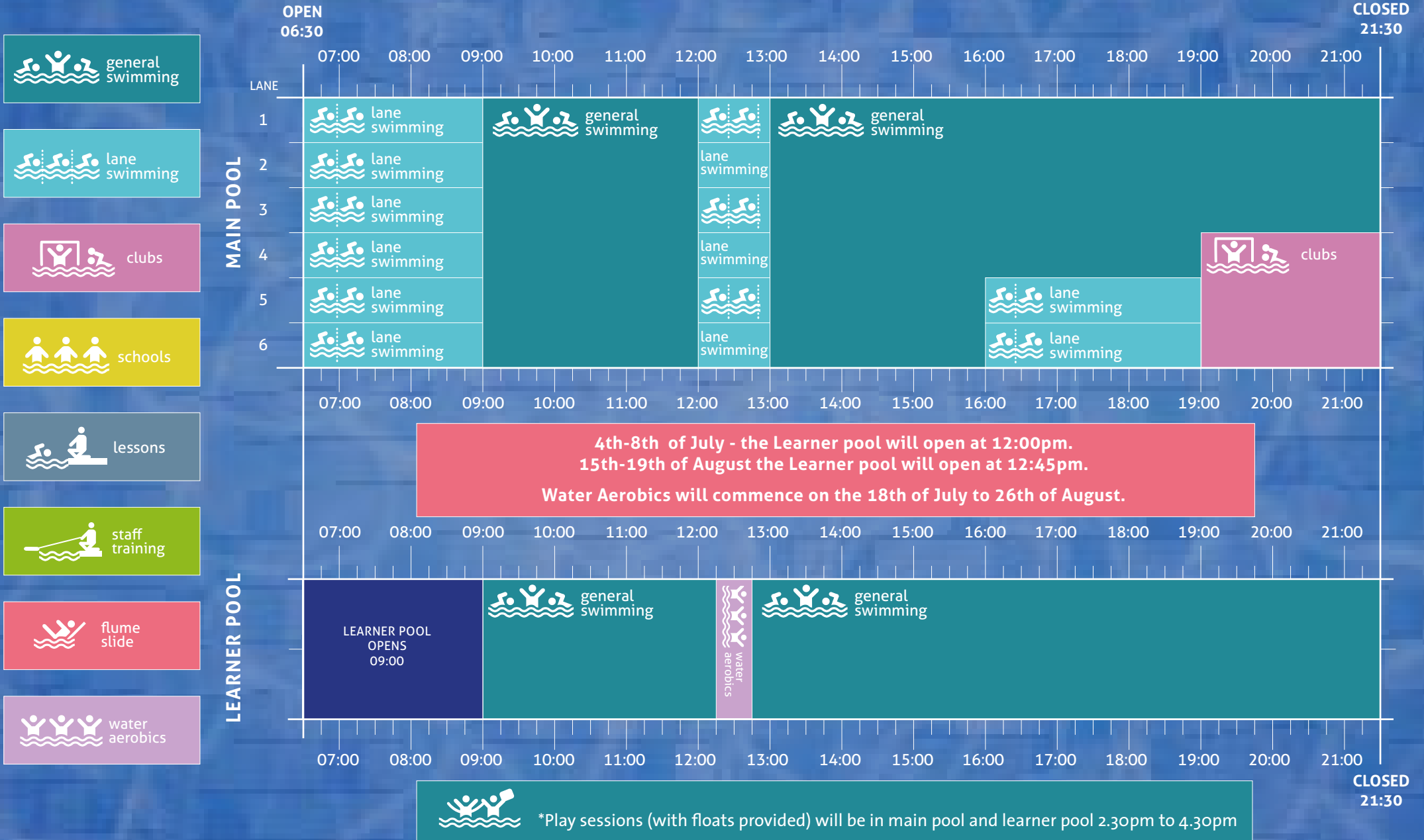
staff training

flume slide

water aerobics

# WEDNESDAY

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# THURSDAY

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general swimming

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clubs

schools

lessons

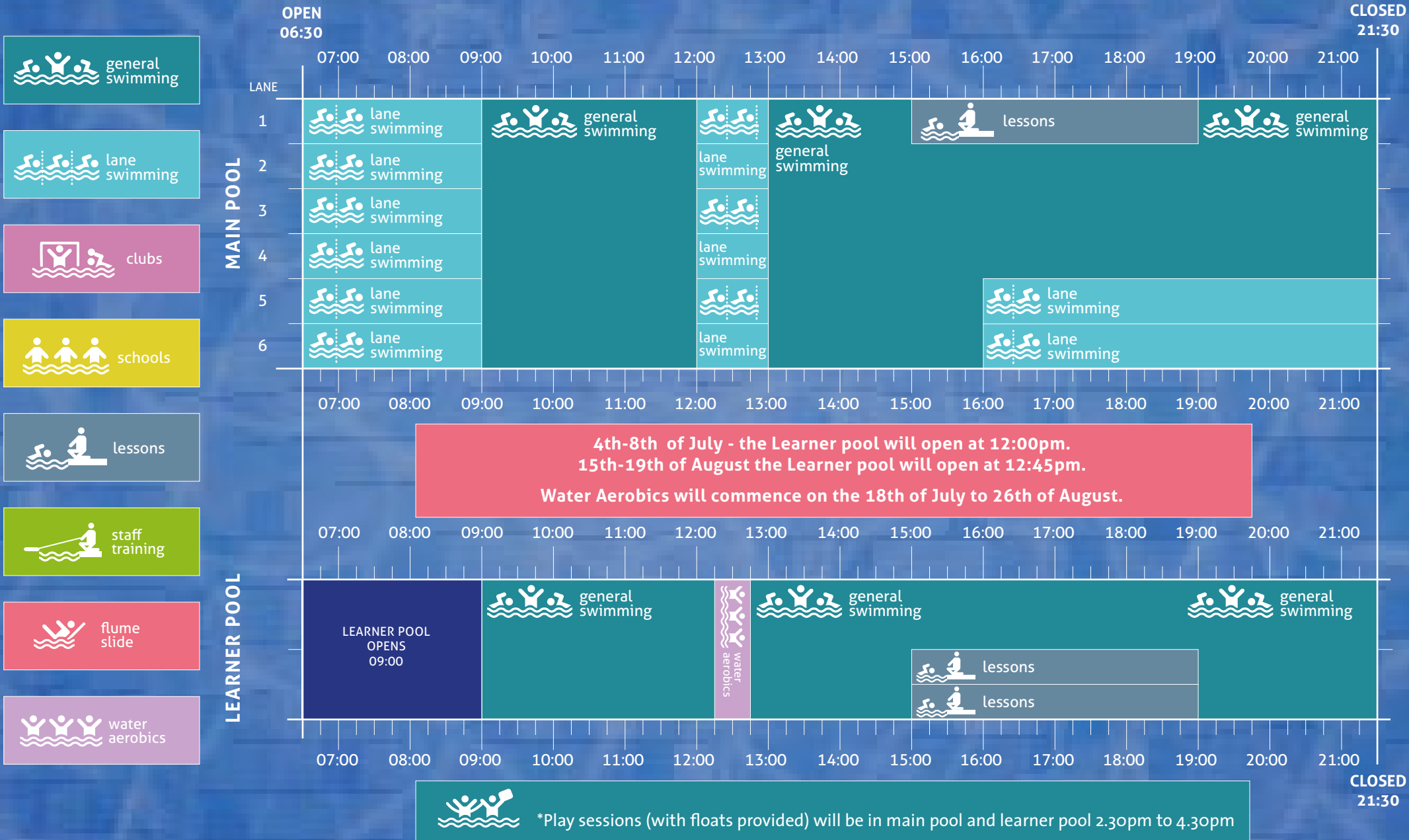
staff training

flume slide

water aerobics

# FRIDAY

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# SATURDAY

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general swimming



lane swimming



clubs



schools



lessons



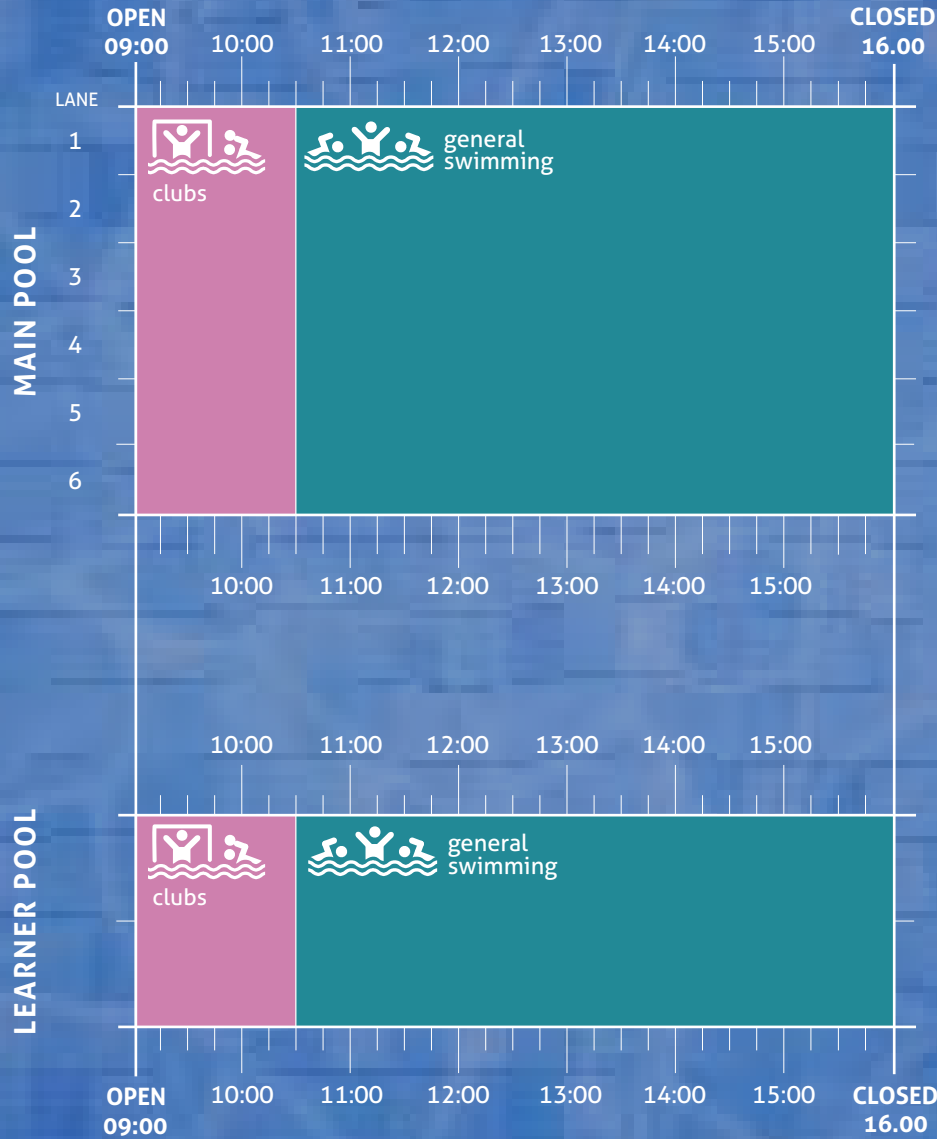
staff training



flume slide



water aerobics



**From August the Main Pool and Learner Pool will open at the earlier time of 9am until 10am for double lane swimming.**

**You must book weekend and public holiday swim sessions in advance on 'NMD Be Active' app.**

You can book the Health Suite at Reception if access is included in your membership. Non Members can also book and pay for Health Suite access at Reception. Maximum capacity limits may apply.

general swimming

lane swimming

clubs

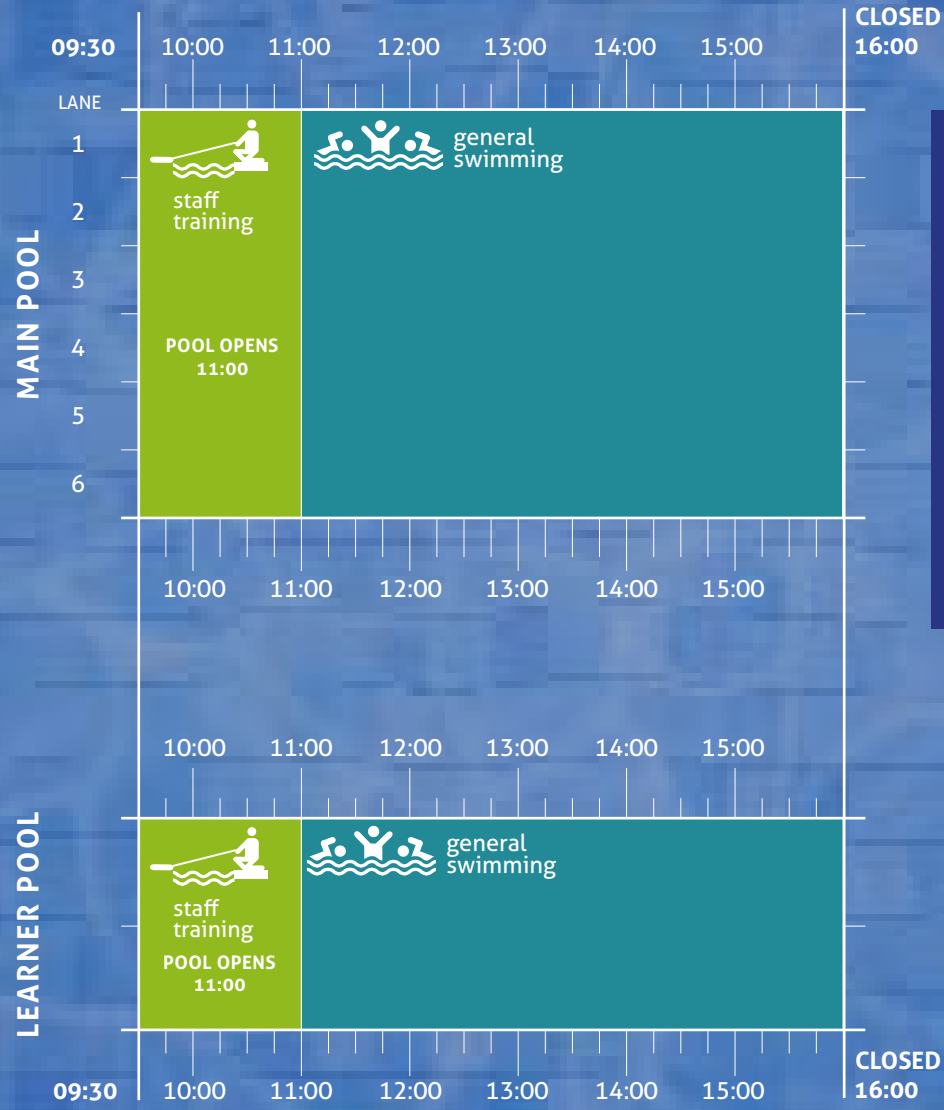
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