



Down Leisure Centre

SWIMMING TIMETABLE

SUMMER 2026

Ag freastal ar an Dún
agus Ard Mhacha Theas
Serving Down
and South Armagh



Comhairle Ceantair
an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down
District Council

MONDAY

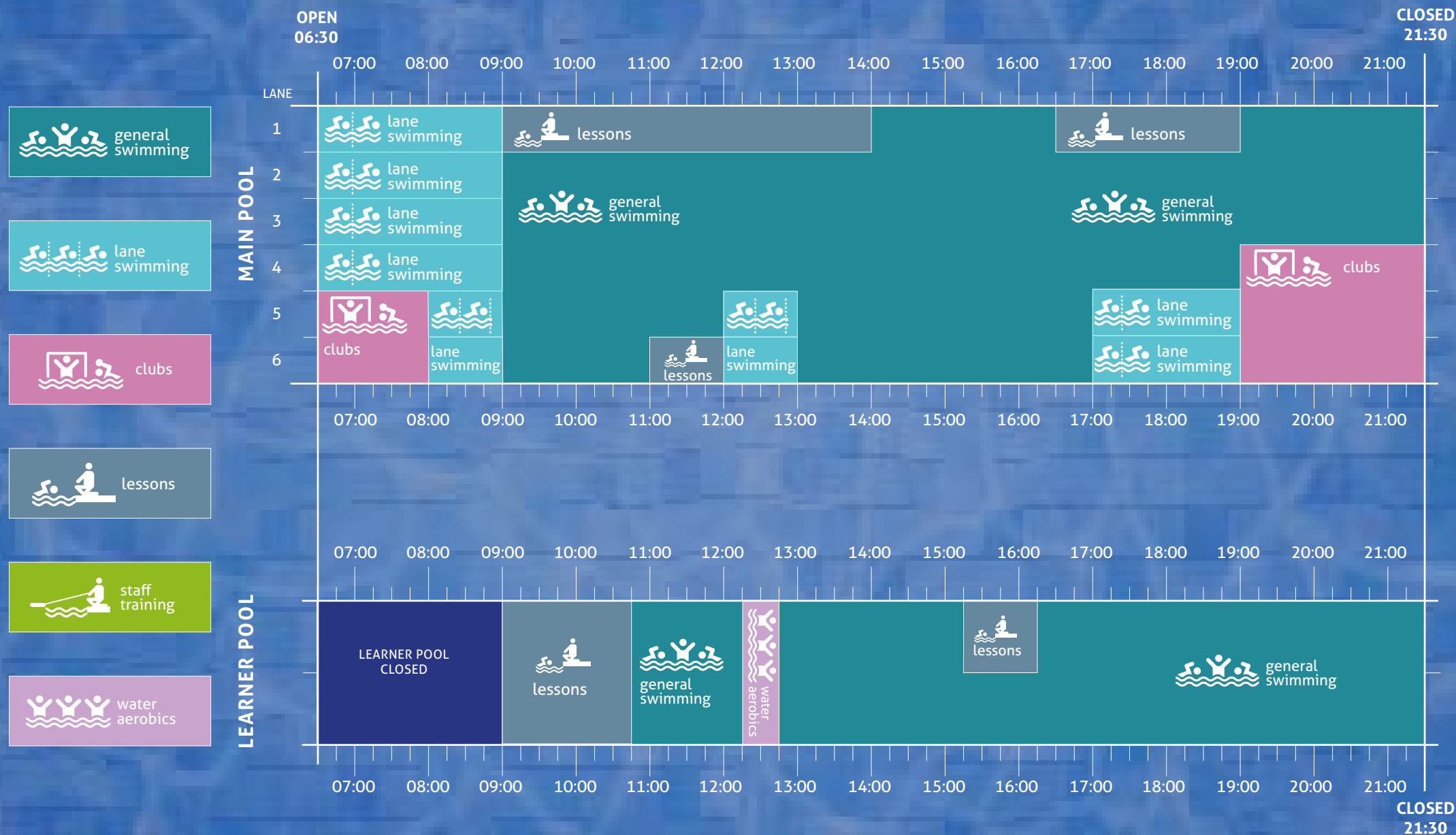
Our Swimming pool programmes and timetables are subject to change.





WEDNESDAY

Our Swimming pool programmes and timetables are subject to change.



THURSDAY

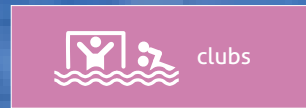
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general swimming



lane swimming



clubs



lessons

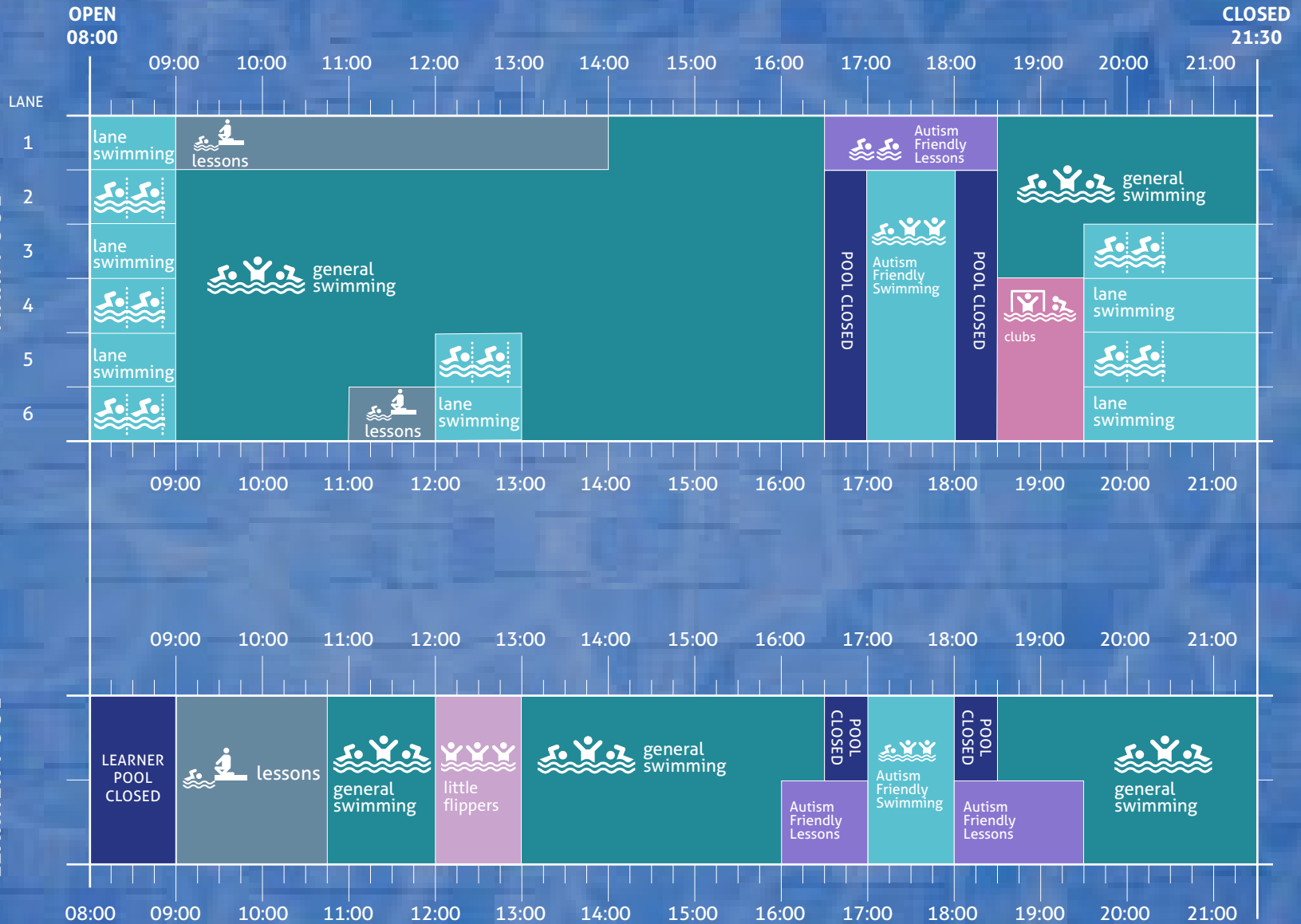


staff training



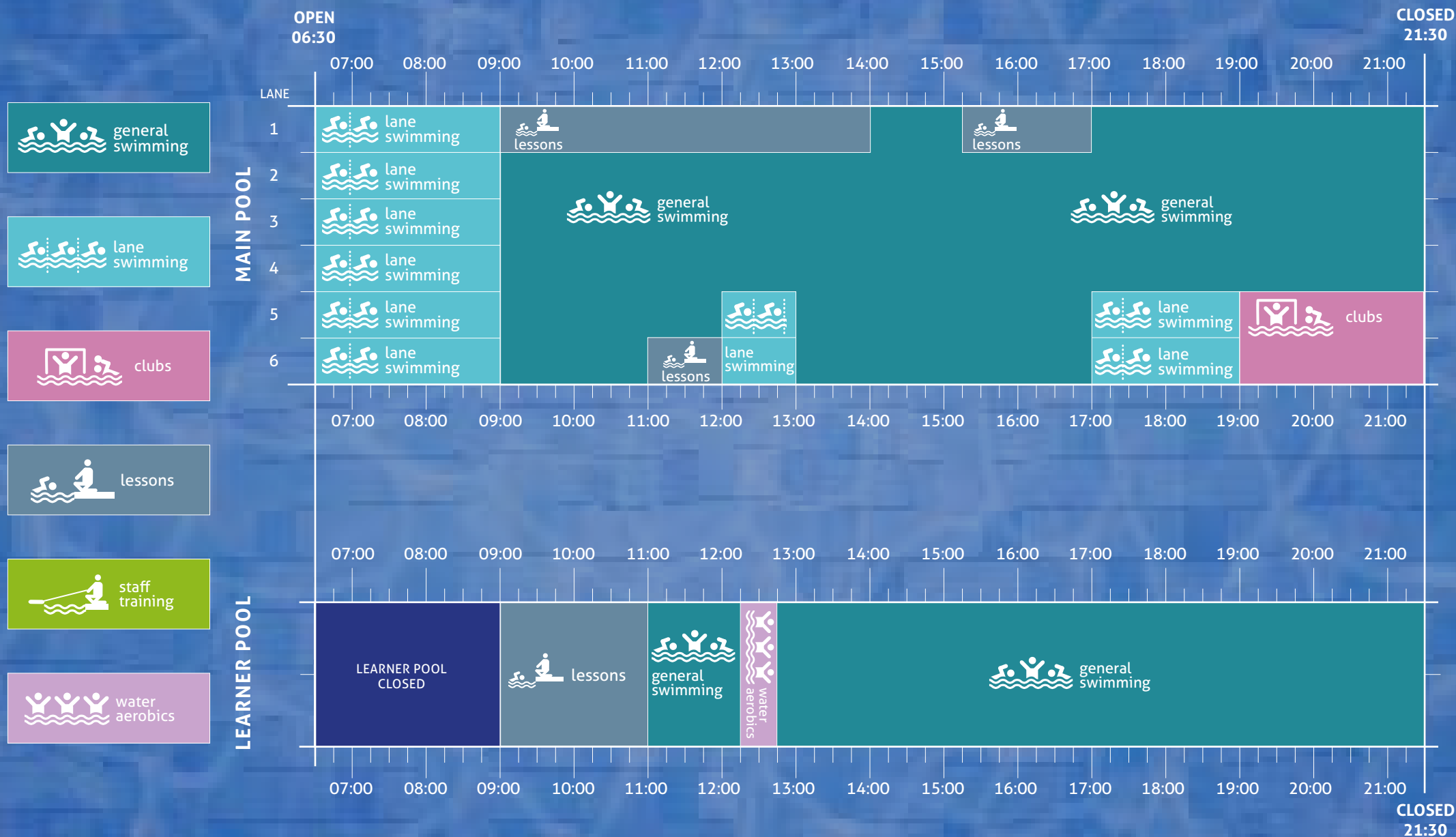
water aerobics

MAIN POOL



Autism Splash & Swim Lessons 2 July – 27 August from 4.30pm – 6.30pm (Not 23 July)

CLOSED 21:30



SATURDAY

Our Swimming pool programmes and timetables are subject to change.



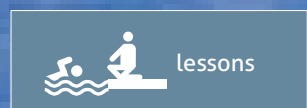
general swimming



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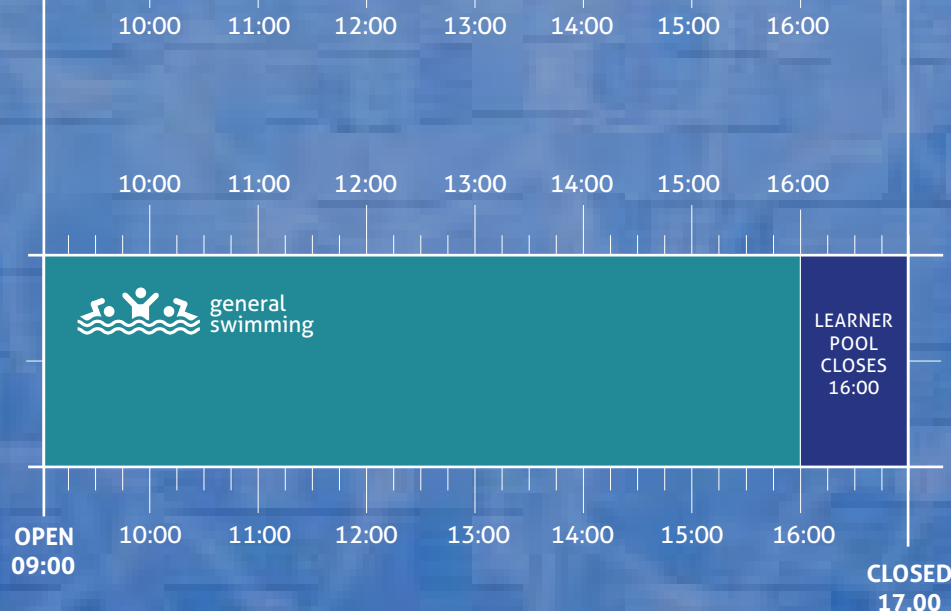


water aerobics

MAIN POOL



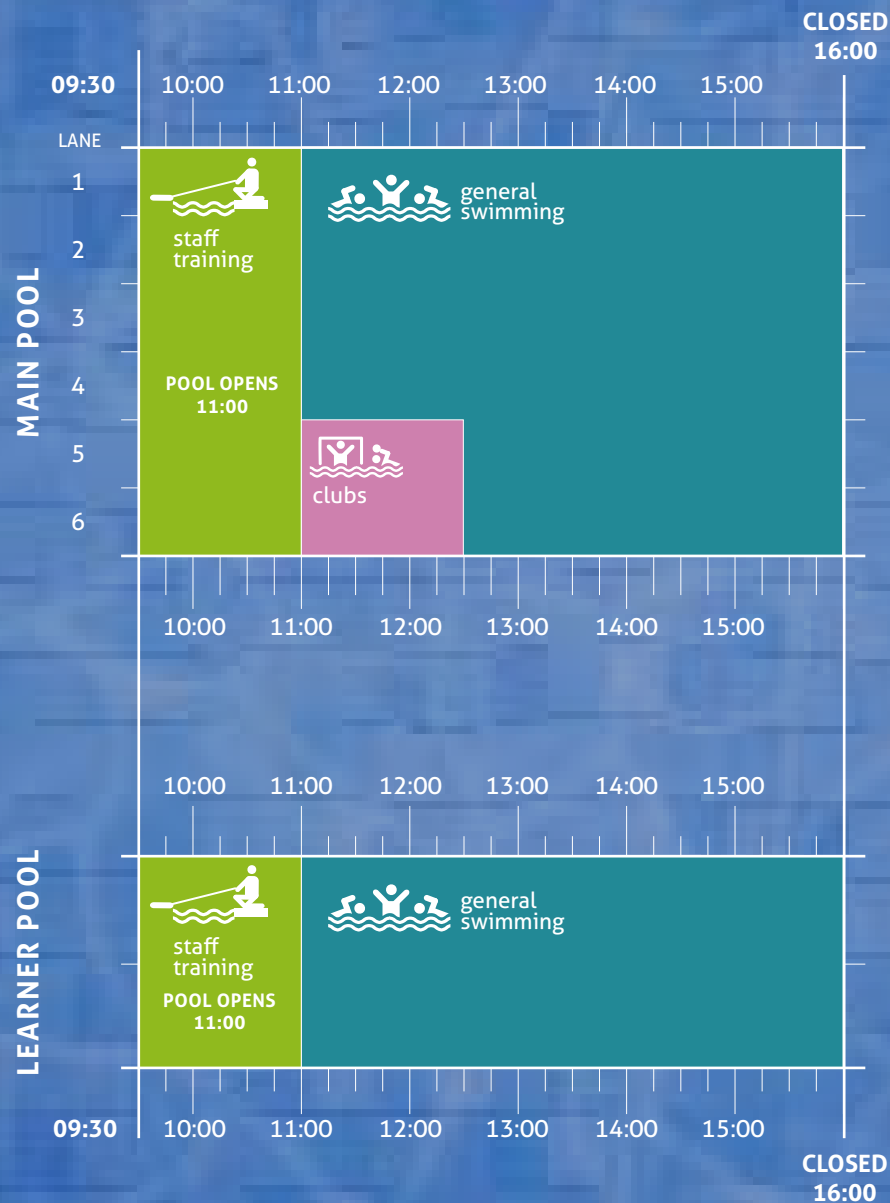
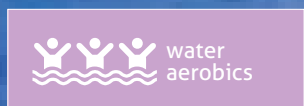
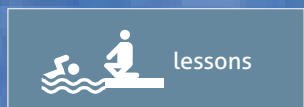
LEARNER POOL



From August the Main Pool and Learner Pool will open at the earlier time of 9am until 10am for lane swimming.

You must book weekend and public holiday swim sessions in advance on the 'NMD Be Active' app.

You can book the Health Suite at Reception if access is included in your membership.
Non-members can also book and pay for Health Suite access at Reception.
Maximum capacity limits may apply.



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