

Clár an
tSamhraidh
Summer
Programme



www.newrymouredown.org/summer-programme



Ag freastal ar an Dún
agus Ard Mhacha Theas
Serving Down
and South Armagh



Comhairle Ceantair
an Iúir, Mhúrn agus an Dúin
Newry, Mourn and Down
District Council

Déan réidh do Shamhradh lán Spraoi! Get Ready for a Summer of Fun!

Newry, Mourne and Down District Council is excited to launch this year's summer programme — packed with exciting activities to keep everyone active and entertained throughout the holidays.

Whether you're looking for fun family days out, sports and fitness sessions or ways to keep the kids engaged — there's something for everyone to enjoy.

Make a splash this summer with our fun water programme which includes swimming crash courses, junior lifeguard

courses or join us at Tropicana in Newcastle for fun days out in our heated outdoor pools.

Join the energy and adventure with our multi-sports camps and Teen Activity Week happening across the district!

You can also hire our halls and courts throughout the summer for lots of indoor sports and games like table tennis, basketball, 5-a-side football, handball, squash and more.

Check out what's available...





Campaí
Samhraidh Ilspóirt
do Phaistí Bunscoile

Summer Multi-Sports
Camps for
Primary School
Children

Our multi-sports camps are designed for primary school children enabling them to enjoy a wide range of fun, active and rewarding sporting activities. These sessions support each child's physical development, build confidence and most importantly, ensure they have fun.

They're also great days out with friends—and the perfect opportunity to make new ones!

Children will get to try a variety of sports, sparking new interests and encouraging a lifelong love of staying active.

Don't forget to bring a drink and lunch!

Key information, locations & dates	
Age Range:	P1 – P7 (Children attending must have completed Primary 1 in 2024/2025 academic school year).
Locations:	
	Newry Leisure Centre
	Down Leisure Centre
	Kilkeel Leisure Centre
	Newcastle Centre
	Dan Rice Hall, Drumaness
	Bridge Community Centre, Killyleagh
Length of camp:	
	Monday - Friday
Dates:	
	Weeks commencing
	21 July (Newry, Downpatrick, Kilkeel, Newcastle & Killyleagh)
	28 July, 4 & 11 August ((Newry, Downpatrick, Kilkeel, Newcastle & Drumaness)
Times:	
	10am – 2pm
Weekly camp cost: £22.00	
Booking:	
	To book log into the NMD Be Active app - select Leisure Centre - select 'Sports Camp' tile, select link or call into your local Leisure Centre in advance.
	Booking opens at 10am, 16 June
	Spaces are limited.
	Please see booking information & T&Cs on pages 15 & 16.



Seachtain Ghníomhaíochta do Dhéagóirí Teen Activity Week

Campa Samhraidh Ilspóirt do Dhéagóirí Teen Multi-Sports Camp

Our teen multi-sports camps are designed for young people aged 12 to 15 to 'Be Active', have fun and explore a variety of sports and activities - all in one place. From football and basketball to racquet sports, dodgeball and more, each session is packed with energy and variety.

Led by experienced coaches in a supportive and inclusive environment, these camps help teens build new skills, discover new interests and enjoy a healthy, active summer.

It's the perfect opportunity to keep moving and just have fun.

Key information, locations & dates

Age Range: 12 – 15 years

Locations:

Newry Leisure Centre

Down Leisure Centre

Length of programme:

Monday – Friday

Dates:

18 - 22 August

Times:

11am – 1pm

Weekly camp cost: £11.00

Booking:

To book log into the NMD Be Active app - select Leisure Centre - select 'Sports Camp' tile, select link or call into your local Leisure Centre in advance.

Booking opens at 10am, 16 June

Spaces are limited.

Please see booking information & T&Cs on pages 15 & 16.



Seisiúin Aclaíochta do dhéagóirí Teen Gym Sessions

Teen Gym sessions, available every week in Newry Leisure Centre, Down Leisure Centre, Kilkeel Leisure Centre and Ballymote Sports & Wellbeing Centre are specially designed for young people aged 12 to 15 who want to stay active, improve their fitness, and boost their overall physical and mental well-being.

Whether you're starting your fitness journey or looking to stay on track, these sessions offer a fun, supportive environment to develop healthy habits that can last a lifetime.

With a mix of guided workouts and access to a range of equipment, teens can build strength, improve confidence and enjoy staying active—either solo or with friends.

Every session is fully supervised by qualified fitness staff to ensure a safe and enjoyable gym session.

Each Centre will have a maximum number of slots. Teen gym sessions are bookable 8 days in advance and an initial induction is required with the first Teen Gym session.

Log into NMD Be Active app - select Leisure Centre - select 'Be Active for Life' tile - scroll across days to see session or call into your local Leisure Centre in advance.

Booking opens at 10am, 16 June

Spaces are limited.

Please see booking information & T&Cs on pages 15 & 16.



Cláir
lonchuimsitheacha
agus cláir do dhaoine
faoi mhíchumas
All-Inclusive
and Disability
Programmes

Campaí Samhraidh lonchuimsitheacha

All-inclusive summer camps

As part of our commitment to inclusive sport and physical activity, the Council is delivering all-inclusive summer camps which are specially designed for children with additional needs or neurodiversity such as Autism and ADHD.

While our multi-sports camps are open and welcoming to all children, we understand that some may thrive better in a smaller, more structured setting.

Our all-inclusive camps offer a supportive, sensory-friendly environment with enhanced accessibility — ideal for children who may find larger camps overwhelming.

Key information, locations & dates

Inclusive Camps for children with neurodiversity such as autism and ADHD.

This camp for 4 to 13 year olds offers a calm, structured, and sensory-aware environment to support each child's comfort and enjoyment.

Locations:

Newry Leisure Centre

Down Leisure Centre

Length of programme:

Monday – Friday

Dates:

28 July – 1 August

Times:

Time: 2:30pm – 4:30pm

Cost £11 per camp

Booking:

To book log into NMD Be Active app - select Leisure Centre - select 'Sports Camp' tile - select link or call into your local Leisure Centre in advance.

Booking opens at 10am, 16 June

Spaces are limited.

Please see booking information & T&Cs on pages 15 & 16.

Important Information:

If a child requires additional support, a parent, guardian or carer is required to attend and remain on-site for the duration of the session.

If you have any questions or would like to discuss your child's needs, please contact Caoimhe.Byrne@nmandd.org



Campa do
Phaistí faoi
mhíchumas coirp
Accessible camp for
children with Physical
Disabilities

Key information, locations & dates

Accessible Camp for Children with Physical Disabilities

This camp offer accessible, adapted activities supporting children with physical disabilities to participate comfortably and confidently.

Locations:

Newry Leisure Centre

Down Leisure Centre

Length of programme:

Monday – Friday

Dates:

11 – 15 August

Times:

Time: 2:30pm – 4:30pm

Cost £11 per camp

Booking:

To book log into NMD Be Active app - select Leisure Centre - select 'Sports Camp' tile - select link or call into your local Leisure Centre.

Booking opens at 10am, 16 June

Spaces are limited.

Please see booking information & T&Cs on pages 15 & 16

Important Information:

If a child requires additional support, a parent, guardian or carer is required to attend and remain on-site for the duration of the session.

If you have any questions or would like to discuss your child's needs, please contact Caoimhe.Byrne@nmandd.org

Halla Spóirt agus Cúirt ar cíós Sports Hall & Court hire



Halla Spóirt ar cíós Sports Hall hire

Our halls are available to hire for **just £8.00 per session**, offering a great way to stay active and enjoy quality time with friends and family.

Choose from a variety of sports and games including badminton, table tennis, netball, basketball, volleyball, 5-a-side football and more! Whether you're planning a friendly match or just looking to have some fun, our indoor facilities are a great way to enjoy the day!

Cúirt Scuaise agus Liathróid Láimhe ar cíós Squash and Handball Court Hire

Our courts are available to hire for **just £2.00 per session**, providing a fantastic opportunity to play handball and squash.

Take on the challenge of playing on your friends and family or practise your skills solo!

Locations:

Newry Leisure Centre

Down Leisure Centre

Kilkeel Leisure Centre

Ballymote Leisure Centre - Hall hire only

Available to children under 16 years old
Monday to Friday, 9.00am - 5.00pm, pending
availability.

Booking:

To book simply contact your local leisure centre on
0330 137 4026 or drop in.



Bogshúgradh £1 £1 Soft Play

Bogshúgradh (Ionad Fóillíochta an Iúir amháin) Soft Play (Newry Leisure Centre only)

Our vibrant indoor soft play area is designed for children up to 12 years old, offering fun and active play.

With a variety of play equipment, including slides, tunnels, and climbing walls, children can enjoy hours of fun and exercise, burning off energy, developing motor skills and making new friends.

No booking is required – simply drop in and pay on arrival!

Key information, locations & dates

£1 Soft Play – Monday to Friday,
9am – 5pm, pending availability.

For opening hours, see:

<https://www.newrymournedown.org/newry-leisure-centre-cecil-street>

Children must be supervised at all times by a responsible adult aged 16 years or over.

Soft play is perfect for kids under 12 years or under 4'9" (1.45m) tall.

Please keep in mind we have a limit on numbers, so entry may be restricted once we reach capacity.

Léim isteach
sa tSamhradh
le splais mhór!

Dive into summer
with a big splash!

Dive into our summer programme with our £1 swims, join a crash course in swimming lessons to quickly boost your skills or get involved in a junior lifeguard course to build water confidence and safety awareness.

Enjoy the calm of our autism swim sessions in a supportive and sensory-aware environment or don't miss the excitement of Tropicana, our heated outdoor pool complex and the ever-popular Tropicarama fun sessions—perfect for families.



Léim
isteach sa
tSnámh ar £1
Dive in for
a £1 Swim

Seisiúin Snámha do Pháistí - £1 Children's £1 swim sessions

Enjoy our £1 Summer Swims this July and August at Newry Leisure Centre, Down Leisure Centre & Kilkeel Leisure Centre! Available Monday to Friday, 9am - 5pm for children under 16 years old, its a great way to stay active, kick back and have fun in the main pools or splash around in the leisure pools with fun play features.

Due to demand, pre-booking throughout the week is strongly recommended to avoid disappointment.

To book, log into NMD Be Active app - select Leisure Centre - select 'Book Swimming' tile or call into your local Leisure Centre in advance.



Blaschúrsaí Snámha do Pháistí Children's swimming crash courses

Make a splash this summer with our fun and focused swimming crash courses, running throughout July and August in Newry Leisure Centre, Down Leisure Centre and Kilkeel Leisure Centre.

These week-long programmes offer 30-minute daily lessons designed to help children build confidence and improve their swimming skills quickly in a supportive environment.

Lessons available include:

Stanley swimming lessons –
for beginners aged 4–6 years

Octopus swimming lessons –
for beginners aged 7+ years

To secure your place on a swimming crash course or junior lifeguard course, log into NMD Be Active app - select Leisure Centre - select 'Sports Camp' tile - select link or call into your local Leisure Centre in advance.

Places are limited.

Please see booking information and T&Cs on page 15 and 16.

Cúrsaí Garda Tarrthála Sóisir Junior Lifeguard Courses

Our junior lifeguard courses run throughout July and August, offering children aged 7 to 15 years the chance to develop important lifesaving skills in a fun and safe environment.

To join, participants should be comfortable swimming 50m (25m front crawl and 25m backstroke).

These courses are a fantastic way for young swimmers to build confidence, learn water safety, and gain valuable experience as part of Newry, Mourne and Down District Council's summer programme.



Seisiúin Snámha atá oiriúnach don uathachas Autism Swim Sessions

Seisiúin Snámha atá oiriúnach don uathachas Autism Swim Sessions

Dedicated autism-friendly swim sessions are available at Down Leisure Centre, Newry Leisure Centre, Kilkeel Leisure centre and Tropicana, Newcastle, providing a welcoming and supportive environment for autistic individuals and their families.

These sessions are designed with sensory needs in mind — offering a quieter, more relaxed setting with reduced noise levels and fewer swimmers in the pool. The aim is to make swimming a positive and enjoyable experience for those who may find regular sessions overwhelming.

Whether its building confidence in the water, learning essential swim skills, or simply having fun as a family, our autism-friendly sessions offer a safe space for everyone to enjoy at their own pace.

Due to demand, pre booking is strongly recommended to avoid disappointment.

Locations & times:

Down Leisure Centre

Thursday, 5pm – 6pm

Newry Leisure Centre

Sunday 9.45am – 10.45am

Kilkeel Leisure Centre

Friday 5.30pm – 6.30pm

Tropicana, Newcastle

Friday 12.30pm – 1.30pm

Price:

Normal swim entry pricing applies

Booking:

To book, log into NMD Be Active app - select Leisure Centre - select 'Book Swimming' tile or call into your local Leisure Centre in advance.



Tropicana
Ionad Snámha
Lasmuigh,
An Chaisleán Nua
Tropicana
outdoor
Swimming complex
Newcastle

Spraoi Samhraidh i gcroílár an Chaisleáin Nua!

Summer Fun in the Heart of Newcastle!

Get ready to make a splash this summer at Tropicana Outdoor Swimming Complex, right in the centre of Newcastle! Opening on June 30, and throughout July and August, Tropicana offers heated outdoor pools perfect for sunny swim sessions and fun days out with family and friends.

The complex features two pools, heated for your comfort, including a toddler pool with a small slide available for children under 8 years old.

Weather

Please note, in the event of severe weather conditions, some facilities may need to close for safety reasons. For the latest updates, please see our NMD Be Active Facebook page.

Seasonal opening times (June 30 - August 31)

Monday	12pm – 5.30pm
Tuesday	12pm – 8pm
Wednesday	12pm – 5.30pm
Thursday	12pm – 8pm
Friday	12pm – 5.30pm
Saturday	10am – 5.30pm
Sunday	2pm – 5.30pm

Tropicarama (Fun sessions)

Every Tuesday & Thursday 6pm – 8pm

Swimming –

Casual Pay-As-You-Go prices:

Pay-As-You-Go 16+	£3.50
Pay-As-You-Go Concession	£2.70
Pay-As-You-Go Under 4	Free
Pay-As-You-Go Group Ticket (2 adults & 2 Children)	£10.50

Booking:

Due to demand, pre-booking is strongly recommended to avoid disappointment. To book, log into NMD Be Active app - select Leisure Centre - select 'Book Swimming' tile or call into your local Leisure Centre in advance

Swim sessions are added regularly throughout the summer and you can only book 8 days in advance. All bookings are non refundable and non transferable unless cancelled by Council.



Eolas Áirithinte

Booking Information

All activities are sold on a first come first serve basis.

You must have booked and paid for your activity to secure your place.

All bookings are non-refundable and non-transferable unless cancelled by Council.

Regarding our pools, each has a maximum capacity to ensure everyone's safety and comfort, so entry may be limited during busy times.

To avoid disappointment—especially during weekends and holiday periods—we strongly recommend pre-booking your swim in advance using the NMD Be Active app.

To book swimming, log into the NMD Be Active app, choose your preferred centre — Newry, Down, or Newcastle — and tap the 'Book General Swimming' for swim sessions or tap the 'Swimming lessons' tile for lessons and courses.

Booking can also be made by telephoning 0330 137 4026 or by calling into your nearest leisure centre.

For more information on any activities on the summer programme, please email your preferred leisure centre. Contact information is page 17.

Téarmaí agus Coinníollacha

Terms and Conditions

Children attending the multi-sports camps must have completed Primary 1 in the 2024/2025 academic school year.

Please arrive no more than 10 minutes before the activity is due to start and be prompt for collection times.

It is recommended all participants wear suitable footwear, casual clothing and should be prepared for indoor and outdoor activities.

Participants are advised to bring a refillable water bottle and bring a healthy snack or a lunch.

Parents/Guardians are responsible for applying sunscreen to participants before they arrive.

Please note we are unable to provide one to one personal care such as toileting and feeding.

All bookings are non-refundable and non-transferable unless cancelled by Council.

Pool admission policy

All children under 8 years must be accompanied by an adult aged 16 or over in the water at all times, who must stay in close proximity to supervise the child.

This person may accompany up to 1 child under the age of 4, or 2 children where at least one of which is aged over 4 years.

Any person under the influence of drugs or alcohol will be refused admission.

For swimming pool group bookings, the normal admission policy applies.

Additional Tropicana admission policy

When visiting Tropicana our normal admission policy applies, however children who are non-swimmers must wear a secure flotation device such as fitted armbands or a buoyancy aid.

CONTACTS



Ballymote Sports and Wellbeing Centre
96 Glebetown Drive, Downpatrick BT30 6PX
T: 0330 137 4026
E: ballymotesportsandwellbeingcentre@nmandd.org

Down Leisure Centre
114 Market Street, Downpatrick BT30 6LZ
T: 0330 137 4026
E: downleisurecentre@nmandd.org

Kilkeel Leisure Centre
Mourne Esplanade, Kilkeel BT34 4DB
T: 0330 137 4026
E: kilkeel.reception@nmandd.org

Newcastle Centre
10-14 Central Promenade, Newcastle BT33 0AA
T: 0330 137 4026
E: newcastlecentre@nmandd.org

Newry Leisure Centre
60 Cecil Street, Newry BT35 6AU
T: 0330 137 4026
E: poolreception@nmandd.org



Please check the NMD Be Active app or
www.newrymournedown.org/leisure-and-sport
for the latest information on timetables and opening times.

NMD Be Active App
Download it NOW



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