



Down Leisure Centre

SWIMMING TIMETABLE

SUMMER 2025

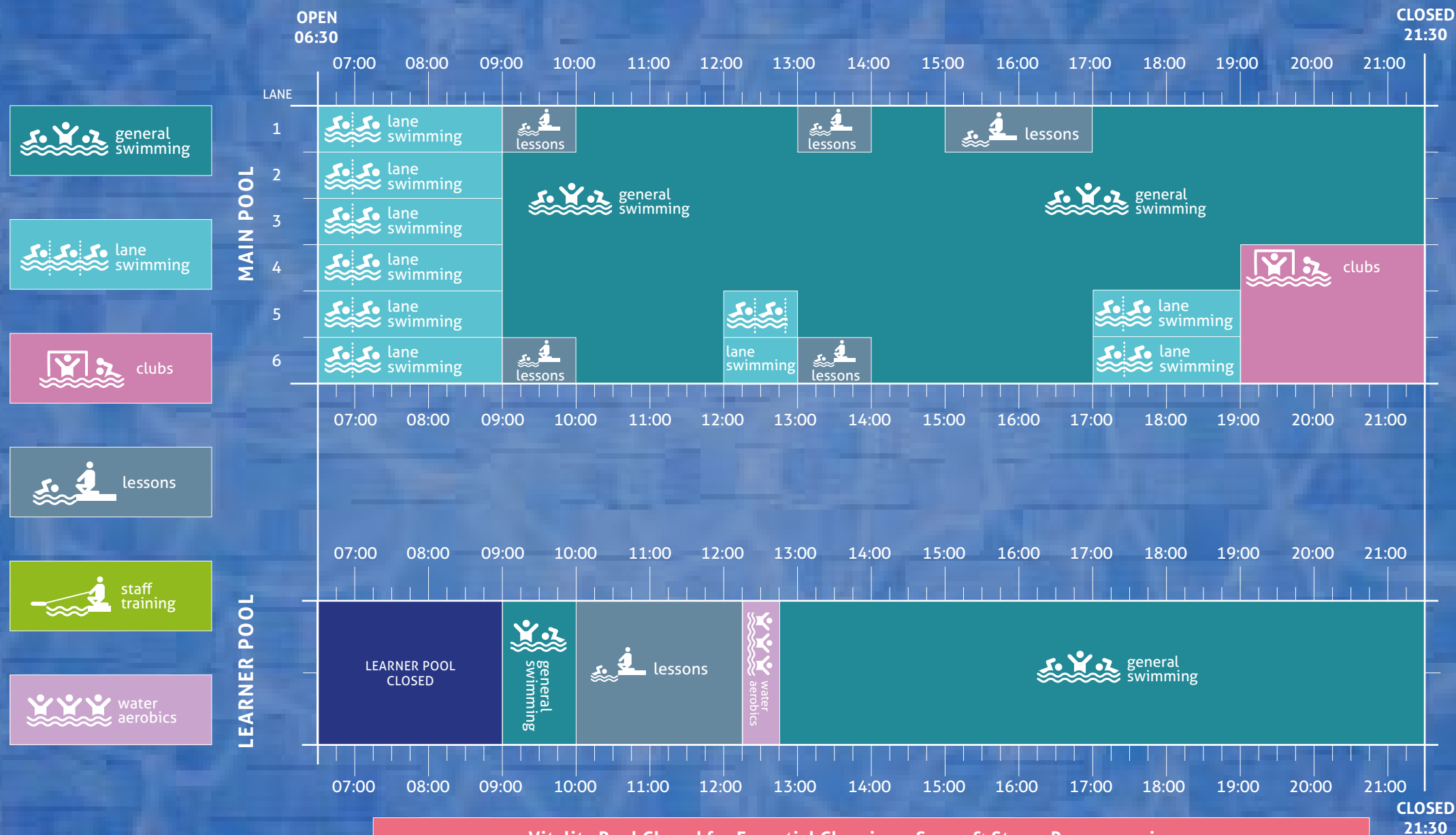
Ag freastal ar an Dún
agus Ard Mhacha Theas
Serving Down
and South Armagh



Comhairle Ceantair
an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down
District Council

MONDAY

Our Swimming pool programmes and timetables are subject to change.



Vitality Pool Closed for Essential Cleaning – Sauna & Steam Room remain open
Learner Pool Closed 30 June – 4 July & 4 August – 8 August from 9.00am – 12.00pm



Sauna & Steam room closed from 8.00am – 9.30am
Learner Pool closed 9.00am – 10.00am from 8 July – 26 August

CLOSED 21:30

WEDNESDAY

Our Swimming pool programmes and timetables are subject to change.



THURSDAY

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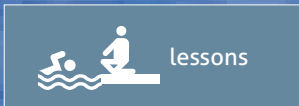
general swimming



lane swimming



clubs



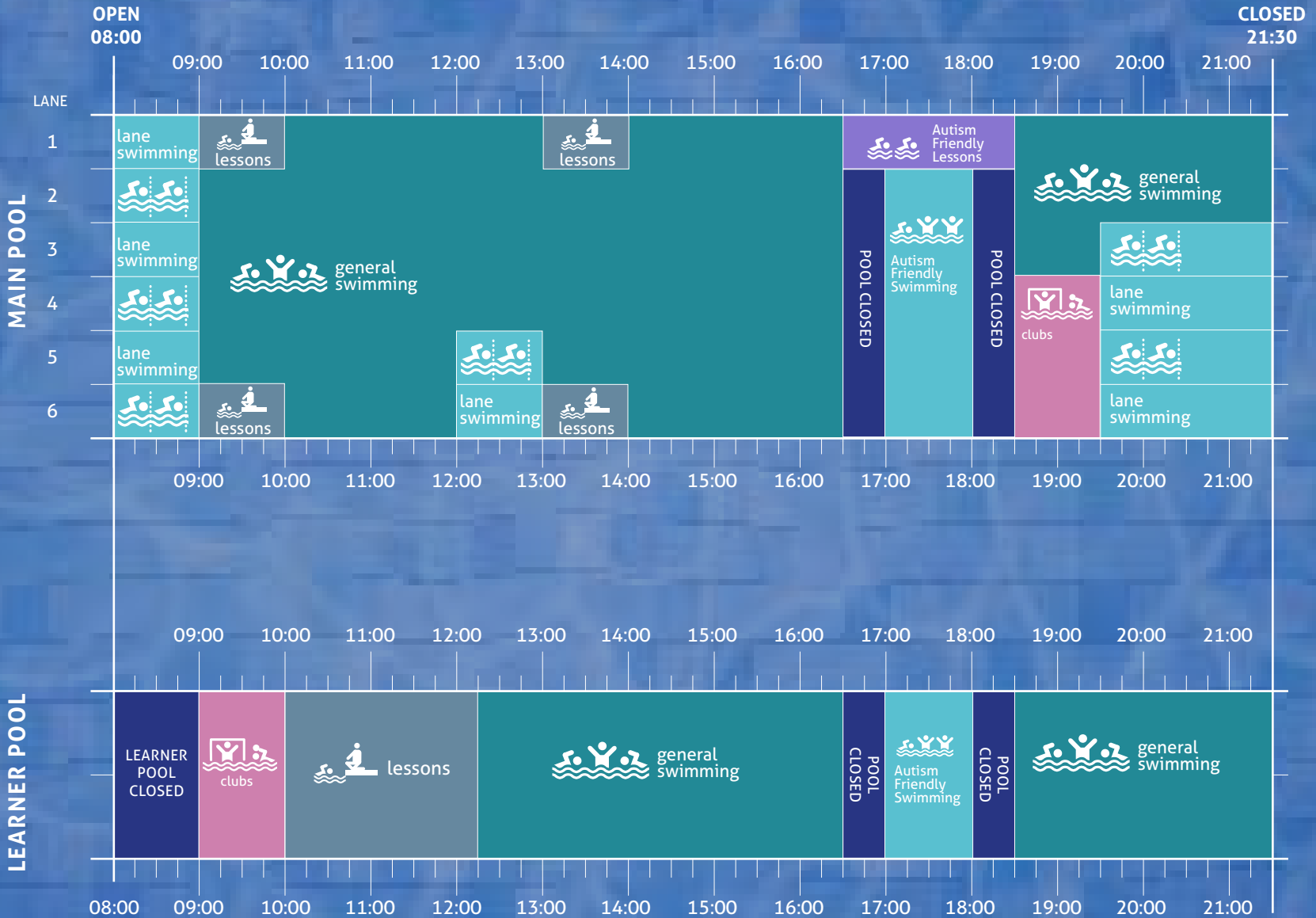
lessons



staff training



water aerobics



Learner Pool closed 9.00am – 10.00am
Autism Splash & Swim Lessons 3 July – 28 August from 4.30pm – 6.30pm

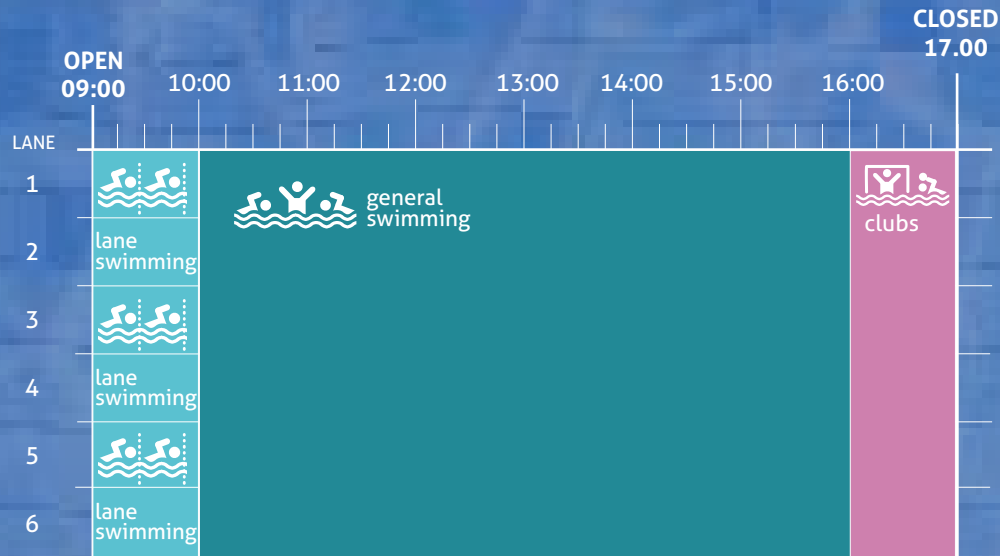


SATURDAY

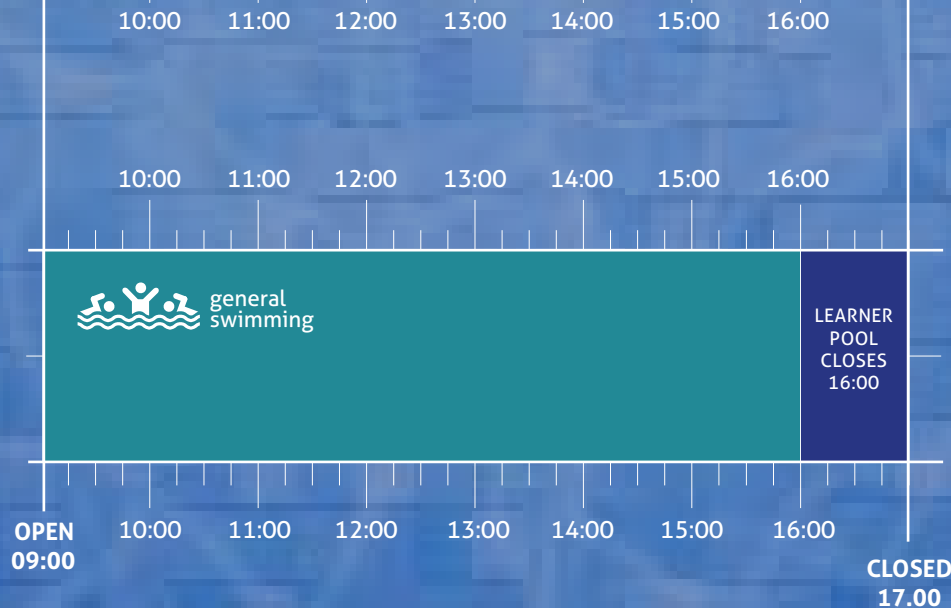
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MAIN POOL



LEARNER POOL

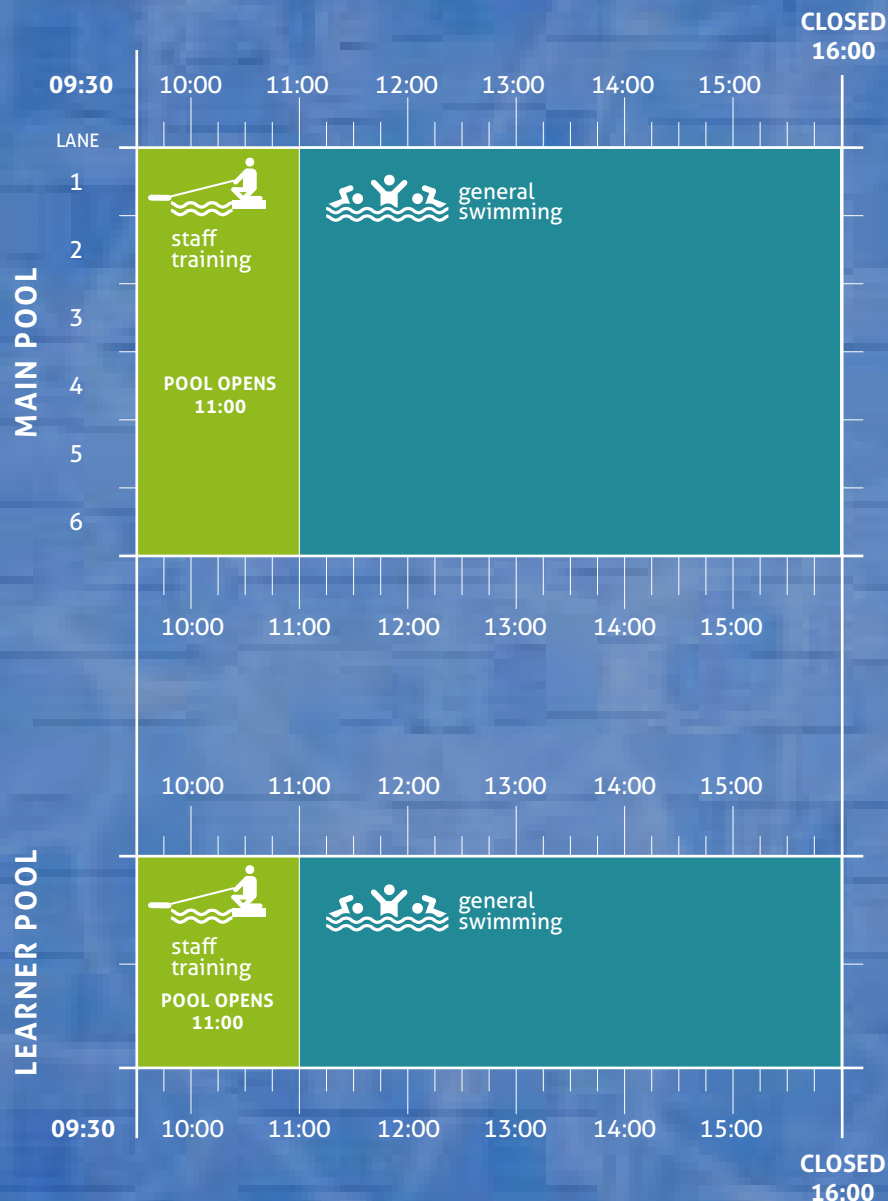
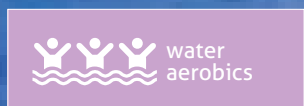
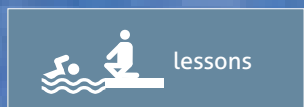


From August the Main Pool and Learner Pool will open at the earlier time of 9am until 10am for double lane swimming.

You must book weekend and public holiday swim sessions in advance on the 'NMD Be Active' app.

You can book the Health Suite at Reception if access is included in your membership.

Non-members can also book and pay for Health Suite access at Reception. Maximum capacity limits may apply.



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