Distance/Race Half Marathon Race

Notes

- D = Directional
- G = Gate
- M = Marshall
- HE = House Entrance
- P = Police
- RC = Road Crossing
- TRC = Track Road Crossing

ltem	Reason for sign etc	Special Additional Notes	Distance point	Approx earliest time	Approx latest time	marshal required	Sign type
1		Start at Brackenagh Primary School Church Rd	0.00			М	\uparrow
2		Right onto Brackenagh West Rd	0.07			М	\rightarrow
3		Past Road on Left	1.01				\uparrow
4		Right onto Carrigenagh Rd head to Silent Valley	1.20			М	\rightarrow
5		Past Church Rd	1.90			М	\uparrow
7		Head Rd at Left hand side	3.29			М	$\uparrow\uparrow$
8		Head Rd at Right hand side	3.40			М	$\uparrow\uparrow$
9		Entrance Barrier into Silent Valley	3.51			М	$\uparrow\uparrow$
10		First entrance to Carpark	3.78				\uparrow
11		Carpark exit	3.93			М	\uparrow
12		Turn Right up the Hill	3.95			М	\rightarrow
13		Past right to other path	3.97				\uparrow
14		Past entrance to lower path to Cafe	4.08				\uparrow
15		Past steps to lower cafe Area	4.12				\uparrow
16		Lower Dam Wall (First Time)	4.32			М	\uparrow
17		Roundabout towards upper Dam (First Time)	6.33				\uparrow
18		Upper Dam area (Chip Matt & Water Station)	7.02			MxWS4	←
19		Roundabout on way back down to lower Dam (2nd time)	7.71				\uparrow
20		Lower Dam Wall (Second Time) Turn Right	9.68			М	\rightarrow
21		End of Wall at far end of Lower Dam turn Left	9.97				÷
22		Water Station at Toilet Block	10.02			Mx2	←
23		Track Crossing turn left	10.03			М	←
24		Past steps on Left hand side	10.21				$\uparrow\uparrow$

Start time **11am**

	Reason for sign		Distance	Approx earliest	Approx latest	marshal	Sign
Item	etc	Special Additional Notes	point	time	time	required	type
25		Track Crossing Turn Left (note Runners cross over here)	10.22			М	÷
26		Past Bridge Turn Right	10.29				\rightarrow
27		Track Crossing	10.33				\rightarrow
28		Past Bench seating	10.48				\uparrow
29		Into Forrest area at furtherest point of Race	10.73				$\uparrow\uparrow$
30		Past Bridge	10.76				\uparrow
31		Track Junction go straight ahead	10.77				\uparrow
32		Turn Right	10.79				\rightarrow
33		Track Crossing Turn Left (note Runners cross over here)	11.24			М	←
34		At top of Old Village turn Right	11.36				\rightarrow
35		At track Crossing Turn left up towards Mourne Wall	11.42			М	←
36		Just before Mourne Wall turn Right	11.49				\rightarrow
37		Past Hill Seat	11.95				$\uparrow\uparrow$
38		Sign at Start of Bend going Down	12.07				\rightarrow
39		At bottom of hill Turn Right	12.19				\rightarrow
40		Turn Left at Lower Dam Wall (Second Time) Runner Crossover	12.25				÷
41		Turn Right at Lower Dam Wall (Third Time) Runner Crossover	12.56			М	\rightarrow
42		Past steps to lower cafe Area	12.76				\uparrow
43		Past entrance to lower path to Cafe	12.82				
44		Past left to other path	12.86				\uparrow
45		Turn Right towards Cafe Finish	12.96			М	\rightarrow
46	Finish	Finish Line (6no Volunteers)	13.10				Finish