## GENERIC TRAINING OCT 2017 - FEB 2018 PROTOCOL & MENU

- 1. Calls for Training Expressions of Interest: Sport Forum(s) AGM's May 2017
- 2. Closing Date for Expressions of Interest: 31 July 2017
- 3. Training Programme Collated & Circulated to Clubs/SANDSA: Mid August '17
- 4. Training to be booked with 'Service Providers' e.g, Sport Northern Ireland: Mid August 2017
- 5. Request Clubs for Course Fees: Mid August. To secure your course place(s), all fee's must be paid no later than 19<sup>th</sup> September 2017
- 6. Please make your cheque payable to: "Sports Association Newry, Down and South Armagh" and send to: Pat Power, Newry, Mourne & Down District Council, Downshire Civic Centre, Downshire Estate, Ardglass Road, Downpatrick, BT30 6 GQ. Note: Course fee's are non-refundable, transferable, or can be used as credit for future training courses if you are unable to attend the course that you have booked
- 7. Council AssistedWorkshops/Courses will be Predicated on: Allocated Budget, Club Demand (min attendance), Priority (Accreditation Courses) Club Financial Contribution, Tutor Availability, Date & Venue Availability
- 8. Council AssistedWorkshops/Courses Venues will be Predicated on: The Majority of Club Demand (Geographical), Availability and Suitability
- 9. Should there be an 'Underspend' on Generic Training, Council reserve the right to reallocate their surplus to support 'Sports Specific Training' in line with their priorities: Female Coaching & Minority Sports
- 10. This Generic Training Programme is not exhaustive, Clubs can propose Additional Training Courses for Consideration, as long as they are Consistent with Club Development

Generic Training Workshops	Workshop Fees Per Course	Venue hire	Total Cost Per Course	Total Cost per Participant (Minimum 12)	Subsidized Cost to non SANDSA Member per person	Subsidized Cost to SANDSA Member per person
Reach Out: Preventing Suicide in the Community	£400.00	£75.00	£475.00	£39:58	£30.00	£15.00
Safeguarding Children & Young People in Sport	£300.00	£75.00	£375.00	£31.25	£20.00	£10.00
Safeguarding Children & Young People in Sport Children's Officer	£300.00	£75.00	£375.00	£31.25	€20.00	£10.00
First Aid- Sports Module	£800.00	£75.00	£875.00	£72.91	£65.00	£35.00
Coach Development Active Leadership	£740.00	£300.00	£1040.0	£86.67	£70.00	£35.00
Coach Development Junior Leadership	£620.00	£250.00	£870.00	£72.50	£60.00	£30.00
An Introduction to the Fundamentals of Movement	£340.00	£75.00	£415.00	£34.58	€20.00	£10.00
Advanced Principles of the Fundamentals Movement	£440.00	£75.00	£515.00	£42.91	£30.00	£15.00

Coaching Children 5-12	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Positive Behaviour Management in Sport	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Delivering Engaging Sessions for Young People	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Message in a Bottle: Effective Coach Communication	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Maximum Learning: Optimising Learning in Your Sessions	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
A Coaching Plan: Applied Programme, Season & Session Planning	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Coaching Mindset	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Mind Games:Mental Skills for Competition	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Delivering Engaging Sessions for Adults	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50

Analysing Your Coaching	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
What is Talent	£290.00	£75.00	£365.00	£30.41	£20.00	£10.00
A Head for Talent	£290.00	£75.00	£365.00	£30.41	£20.00	£10.00
Talent Across the Ages	£290.00	£75.00	£365.00	£30.41	£20.00	£10.00
Getting Better, Better	£290.00	£75.00	£365.00	£30.41	£20.00	£10.00
A Guide to Mentoring Sports Coaches	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Support Coaches	£220.00	£75.00	£295.00	£24.58	£15.00	£7.50
Introduction to Understanding Your Club's Finances	Free	£75.00	£75.00	£6.25	Free	Free
Advanced Understanding of Your Club's Finances	Free	£75.00	£75.00	£6.25	Free	Free
Effective Organisational Structures	Free	£75.00	£75.00	£6.25	Free	<mark>Free</mark>

Business Planning	Free	£75.00	£75.00	£6.25	Free	Free
Good Club Governance	Free	£75.00	£75.00	£6.25	Free	Free
Generating Club Income	Free	£75.00	£75.00	£6.25	Free	Free
Growing Your Club	Free	£75.00	£75.00	£6.25	Free	Free

## **Contact**

Sports Development Tel: 0300 013 2233

 ${\bf Email: sports development@nmandd.org}$