

Children & Young People

Bolster

We work alongside individuals, families and the community, to support improved opportunity, and health & wellbeing.

Area Covered: N&M (SHSCT)
Phone: 028 3083 5764
Email: info@bolstercommunity.org
Website: www.bolstercommunity.org

Community Action for Community Development

Builds inclusive communities by increasing citizenship, improving skills, and engaging hard-to-reach groups.

Area Covered: N&M (SHSCT)
Phone: 028 3755 2103
Email: info@cacd.org.uk
Website: www.cacd.org.uk

Confederation of Community Groups

The Confederation of Community Groups is an umbrella organisation for voluntary and community groups in Northern Ireland in the Newry and Mourne area. It offers advice, practical support, services and training through several projects and services including its Good Morning service which seeks to reduce isolation among older people.

Area Covered: Newry & Mourne (SHSCT)
Phone: 028 3026 1022
Email: info@ccgnewry.org
Website: www.ccgnewry.org/

County Down Rural Community Network

The network is a voluntary umbrella body set up and managed by community groups in County Down. We are committed to an inclusive future where all citizens actively participate in local life, helping each other to create a healthy, peaceful, vibrant & sustainable society.

Area Covered: Council wide
Phone: 028 4461 2311
Email: info@countydownrcn.com
Website: www.countydownruralcommunitynetwork.com

EA Youth Services

Effective youth work helps young people to identify their social and development needs and involves them in shaping the services designed to meet those needs to impact both their own skills and life chances to create a better future for themselves and their communities.

Area Covered: Council wide
Phone: 028 3025 1515
Email: aileen.ocallaghan@eani.org.uk
Website: www.facebook.com/p/Newry-Mourne-and-Down-Area-Youth-Service-100057055825902/?locale=en_GB

Kilkeel Development Association

Our aim is to create employment, support business development, enhance the environment, conserve local heritage, increase tourism, support community relations, and deliver advice and signposting services for the betterment of the residents of Kilkeel and wider Mourne area in South Down.

Area Covered: Newry & Mourne (SHSCT)
Phone: 028 4176 2525
Email: kda.nautilus@gmail.com
Website: www.facebook.com/KilkeelDevelopmentAssociation/?locale=en_GB

Lifeline

Lifeline is Northern Ireland's crisis response helpline for people experiencing distress or despair. Lifeline is available 24 hours a day, 7 days a week, every day of the year. Calls to Lifeline are free.

Area Covered: Regional
Phone: 0808 808 8000
Website: www.lifelinehelpline.info

Multidisciplinary Teams Down GP Federation

The main role and function of the multidisciplinary teams (MDTs) is to provide a first contact and brief intervention service to patients presenting in General Practice. Each multidisciplinary team will be made up of GPs, nursing staff, practice based social workers, senior mental health practitioners, pharmacists and physiotherapists.

Area Covered: Down (SEHSCT)
Phone: Contact local GP Practice to make an appointment with Multidisciplinary Team's Staff within your practice.
Website: Eastern FSU Services | Eastern GP Federation Support Unit

Multidisciplinary Teams - Down GP Federation

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Area Covered: Down (SEHSCT)
Phone: Contact local GP Practice to make an appointment with MDT Staff.
Website: Eastern FSU Services | Eastern GP Federation Support Unit



Comhairle Ceantair
**an Iúir, Mhúrn
agus an Dúin**
**Newry, Mourne
and Down**
District Council

Multidisciplinary Teams – Newry & District GP Federation

The main role and function of the multidisciplinary teams (MDTs) is to provide a first contact and brief intervention service to patients presenting in General Practice. Each multidisciplinary team will be made up of GPs, nursing staff, practice based social workers, senior mental health practitioners, pharmacists and physiotherapists.

Area covered: Newry & Mourne (SHSCT)
Phone: Contact local GP Practice to make an appointment with MDT Staff.
Website: Multidisciplinary Team's | Southern FSU

Newry Mourne and Down District Council

Area Covered: Council Wide
Phone: 0330 137 4000
Email: info@nmandd.org
Website: www.newrymourneanddown.org

Our Journey through Disability

This 'live' resource has been developed as an easy read guide for parents and families, to help signpost to information, advice and support that they may need on learning your child has additional needs/a disability.

Area Covered: Regional
Phone: 028 9536 3168
Email: cypsp@hscni.net
Website: www.cypsp.hscni.net/new-guide-to-help-you-on-your-journey-through-disability-additional-needs/

PIPS Hope & Support

Sometimes when you feel alone and isolated, just knowing that there are others who have survived this traumatic experience can be comforting. PIPS Hope & Support is a community-based initiative committed to building relationships and working in partnership to reduce the impact of suicide.

Area Covered: Newry & Mourne (SHSCT)
Phone: 028 3026 6195
Email: info@pipshopeandsupport.org
Website: www.pipshopeandsupport.org/



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Rural Health Partnership

Supporting and strengthening rural communities in South Armagh by promoting good mental health and wellbeing and providing education, training, and personal development

Area Covered: Newry & Mourne (SHSCT)
Phone: 028 3086 1220

Samaritans

The Samaritans helpline provides a safe space for people to talk when things are getting to them; they do not have to be suicidal. People can be themselves and talk to Samaritans by telephone, face-to-face, email and via letter. The Samaritans' trained volunteers provide listening support to anyone struggling to cope via the helpline which operates round the clock.

Area Covered: Regional
Phone: 116 123
Email: jo@samaritans.org
Website: www.samaritans.org/

Southern Health & Social Care Trust (SHSCT)

The Southern Health and Social Care Trust's Community Development and User Involvement programme empowers communities to improve health and wellbeing through partnership, capacity building, and active participation in service design and delivery. It offers support for carers, volunteering opportunities, and training to strengthen local networks and promote inclusive, person-centered care.

Area Covered: Newry & Down (SHSCT)
Phone: 028 3756 4300
Email: access.information@southerntrust.hscni.net
Website: www.southerntrust.hscni.net/involving-you/community-development-and-user-involvement/

South Eastern Health & Social Care Trust (SEHSCT)

The South Eastern Health & Social Care Trust offers a range of services for children and young people, including mental health support, developmental assessments (like for ADHD and autism), family therapy, and nature-based wellbeing programs. They also provide specialised nursing care and support for care leavers to promote health, education, and independent living.

Area Covered: Down (SEHSCT)
Phone: 028 9056 1305
Email: setrust@setrust.hscni.net
Website: www.setrust.hscni.net/healthy-living/community-health-development/

SRC

Southern Regional College offers free, confidential mental health and wellbeing support for young people through its Health Hub, including drop-in clinics and counselling. They provide tailored assistance for care-experienced students and those with learning difficulties to help combat loneliness and isolation. Students can access support via phone, email, or campus staff.

Area Covered: Newry & Mourne (SHSCT)
Phone: 0778 743 2845
Email: brennanj@src.ac.uk
Website: www.src.ac.uk/student-life/student-services

Volunteer Now

We provide access to opportunities and encourage people to volunteer. We are a resource for volunteer involving organisation's providing support on involving volunteers, governance and safeguarding.

Area Covered: Council Wide
Phone: 028 9620 8822
Email: Clara.OCallaghan@volunteernow.co.uk
Website: [Home - Volunteer Now](http://Home-Volunteer-Now)

Women's Aid Armagh & Down

We offer a range of specialist services to women, children and young people who have experienced domestic abuse Across the Armagh and Down area.

Area Covered: Council Wide
Phone: 028 3025 0765
Email: admin@womensaidarmaghdown.org
Website: www.facebook.com/womensaidarmaghdown

Young Carers Project

A young carer is someone under 18 who looks after a parent or another family member. They take on physical and emotional duties that adults usually handle. It can feel scary and isolating. We work alongside individuals, families and the community, to support improved opportunity, and health & wellbeing.

Area Covered: Regional
Phone: 028 9046 0500
Email: niyoungcarers@actionforchildren.org.uk
Website: www.actionforchildren.org.uk/how-we-can-help/our-local-services/find-our-services-near-you/ni-regional-young-carers/

Youth Wellness Hub

The Youth Wellness Web has been co-designed by young people for young people for easy access to different resources and services that can really help. No young person should feel alone and should feel they can get the support they need when they need it at any time or any place, no matter how big or small the situation.

Area Covered: Regional
Phone: 028 9536 3168
Email: CYPSP@HSCNI.NET
Website: [Youth Wellness Web – Children and Young People's Strategic Partnership \(CYPSP\)](#)
